



## Sermon Discussion Guide

07.03.22 Message | Steven Mayfield | Ps 56:1-13; 1 Sam 21:10-22:1; Romans 8:31-39

### Key Scriptures:

*Be gracious to me, O God, for man tramples on me; all day long an attacker oppresses me; my enemies trample on me all day long, for many attack me proudly. When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? All day long they injure my cause; all their thoughts are against me for evil. They stir up strife, they lurk; they watch my steps, as they have waited for my life. For their crime will they escape? In wrath cast down the peoples, O God! You have kept count of my tossings; put my tears in your bottle. Are they not in your book? Then my enemies will turn back in the day when I call. This I know, that God is for me. In God, whose word I praise, in the Lord, whose word I praise, in God I trust; I shall not be afraid. What can man do to me? I must perform my vows to you, O God; I will render thank offerings to you. For you have delivered my soul from death, yes, my feet from falling, that I may walk before God in the light of life.*

- Psalm 56:1-13

*No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.*

- Romans 8:37-39

### Message Highlights:

- *Towdah* is the Hebrew word for a sacrifice of thankfulness.
- David had the promise of his Kingship, we have the promise of Jesus' Kingship.
- Jesus might not get you out of "it", but he will see you through "it".

### Conversation Starter:

Think through 5 simple/mundane things you are thankful for today. Share them with your group. How did sharing these things aloud spark conversation, inspiration, further thankfulness and ultimately more praise to God?

### Discuss the Message:

1. Have you ever thought of thankfulness as a sacrifice? What do you think is meant by *Towdah*?
  - a) Read Psalm 56:1-7, followed by 8-11. Notice the shift in the language between these two sections and discuss with your group.
  - b) Evaluate David's example of *Towdah* in Psalm 56:12-13.
  - c) What might *Towdah* look like in your life?

2. How does Romans 8:31-39 build your confidence in the Lord?
  - a) Jesus might not get you out of “it”, but he will see you through “it”; what is it in your life that you may need to be walking closer to Jesus in today?
  - b) What would it look like to offer *Towdah* in the midst of this particular circumstance?
3. Psalm 56 is David’s written response out of the fear he felt while captured by the Philistines. Talk about how David allowed God to work through him in a season of testing.
  - a) What heart postures do we need to cultivate so that we can allow God to work through us and thus bear more fruit?
  - b) Can you think of other people in the bible whose *Towdah* strengthened their relationship with the Lord and thus bore more fruit for the Lord?

**Pray:**

*Father God, we come before you today with a heart of gratitude. When it feels challenging to remember your faithfulness, may we reach back to this new tool in our worship toolbelt, Towdah. We admit we sometimes focus on our problems rather than on your glory and majesty. We commit to slow down and simply rest in your presence this week to remember and look with awe upon your nature and character. May it be your nearness we seek over anything else. Would you go before us this week and help us cultivate a posture of gratitude? In your son’s name we pray, Amen.*