

---

## CHANGE COMES FROM WITHIN

Romans 6:6–11 (NLT)

6 We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin. 7 For when we died with Christ we were set free from the power of sin. 8 And since we died with Christ, we know we will also live with him. 9 We are sure of this because Christ was raised from the dead, and he will never die again. Death no longer has any power over him. 10 When he died, he died once to break the power of sin. But now that he lives, he lives for the glory of God. 11 So you also should consider yourselves to be dead to the power of sin and alive to God through Christ Jesus.

Mark 7:13 (NKJV) “making the word of God of no effect through your tradition which you have handed down. And many such things you do.”

Romans 6:4 (NLT) “For we died and were buried with Christ by baptism. And just as Christ was raised from the dead by the glorious power of the Father, now we also may live new lives.”

Verse 6... We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin.

### THREE SIMPLE STEPS TO RENEWING YOUR MIND:

Meditate on Scriptural Truths.

Ask the Holy Spirit to Help You.

Pray Regularly

### THREE PRACTICAL WAYS OF PROTECTING YOUR MIND:

Guard What You Allow In...

Proverbs 4:23 “Guard your heart above all else, for it determines the course of your life.”

Choose Your Company Carefully

1 Corinthians 15:33... “Bad company corrupts good character.”

Build Accountability in Your Life

Proverbs 27:17 (NLT) As iron sharpens iron, so a friend sharpens a friend. Galatians 6:2 (NIV84) Carry each other’s burdens, and in this way you will fulfill the law of Christ.

