

Overcoming Negative Thoughts

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OVERCOMING NEGATIVE THOUGHTS

[Isaiah 26:3](#) (NLT) You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!

[Isaiah 26:3](#) (AMP) You will guard him *and* keep him in perfect and constant peace whose mind [both its inclination and its character] is stayed on You, because he commits himself to You, leans on You, and hopes confidently in You.

[Proverbs 14:30](#) (AMP) A calm *and* undisturbed mind *and* heart are the life and health of the body, but envy, jealousy, and wrath are like rottenness of the bones.

LIFE POINT: You can't stop negative thoughts from coming, but you can control what you do with them!

[Proverbs 14:30](#) (AMP) A calm *and* undisturbed mind *and* heart are the life and health of the body, but envy, jealousy, and wrath are like rottenness of the bones.

[Proverbs 4:23-27](#) (CEB) More than anything you guard, protect your mind, for life flows from it. Have nothing to do with a corrupt mouth; keep devious lips far from you. Focus your eyes straight ahead; keep your gaze on what is in front of you. Watch your feet on the way, and all your paths will be secure. Don't deviate a bit to the right or the left; turn your feet away from evil.

[Ephesians 4:27 \(TPT\)](#) Don't give the slanderous accuser, the Devil, an opportunity to manipulate you!

[Colossians 3:2 \(NKJV\)](#) "Set your mind on things above..."

[Romans 12:2 \(NKJV\)](#) "... do not be conformed to this world, but be transformed by the renewing of your mind..."

[2 Corinthians 10:5 \(NIV84\)](#) "... we take captive every thought to make it obedient to Christ."