## Fight for your Family: The Power of a New Pattern

Romans 12:2 (NIV) – "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."

## 1) Break the old pattern.

- a. Identify the pattern
  - i. Look for Repeated Patterns (*Proverbs 26:11 ESV*)
  - ii. Listen to your Inner Dialogue (*Matthew 12:34 ESV*)
  - iii. Examine history (*Exodus 34:7 ESV*)
  - iv. Ask God to reveal it (*Psalm 139:23-24 ESV*)
- b. Reject the pattern
  - i. Declare it ends with you (*Proverbs 18:21 ESV*)
  - ii. Replace it with Truth (*Romans 12:2 NIV*)
  - iii. Draw a line spiritually (Joshua 24:15 NIV)
- c. Replace the pattern
  - i. Replace Fear with Faith (Isaiah 41:10 NIV)
  - ii. Replace Silence with Worship (*Psalm 34:1 ESV*)
  - iii. Replace Anger with Grace (*Ephesians 4:32 NLT*)
  - iv. Replace Addiction with Discipline and Surrender (*Galatians* 5:16 NIV)

## 2) Build intentional patterns for the generations to come (*Psalm 78:4 NIV*)

a. Daily prayer with your children

- b. Speaking blessing instead of criticism
- c. Choosing generosity where once was marked by scarcity
- d. Worship instead of Silence

## 3) Be consistent in Word and Prayer (Galatians 6:9 NIV)

- a. Consistency creates habits
- b. Consistency builds momentum
- c. Consistency outlast emotions