

Christmas Miracles: Decluttering Christmas

Jesse Berthold / December 3, 2023

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DECLUTTERING CHRISTMAS

Luke 2:8–14 (NLT) ⁸ That night there were shepherds staying in the fields nearby, guarding their flocks of sheep. ⁹ Suddenly, an angel of the Lord appeared among them, and the radiance of the Lord’s glory surrounded them. They were terrified, ¹⁰ but the angel reassured them. “Don’t be afraid!” he said. “I bring you good news that will bring great joy to all people. ¹¹ The Savior—yes, the Messiah, the Lord—has been born today in Bethlehem, the city of David! ¹² And you will recognize him by this sign: You will find a baby wrapped snugly in strips of cloth, lying in a manger.” ¹³ Suddenly, the angel was joined by a vast host of others—the armies of heaven—praising God and saying, ¹⁴ “Glory to God in highest heaven, and peace on earth to those with whom God is pleased.”

Things that can keep us from enjoying Christmas...

1. WORRY

Proverbs 12:25 says... “Worry weighs a person down...”

Matthew 6:25... “I tell you not to worry about everyday life..”

Psalms 56:3... “When I am afraid, I put my trust in you.”

2. STRESS

3. DEBT

4. BUSINESS

FIRST: GET BACK TO THE BASICS

Things to consider resetting that can help declutter Christmas...

FIRST: YOUR SPIRITUAL LIFE...

SECOND: YOUR PHYSICAL HEALTH...

1. Mental Health...
2. Getting plenty of rest and learning to balance your life...
3. Having a healthy diet...
4. Exercise regularly...

THIRD: SET GOALS...

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