

Second Wind

Jesse Berthold / March 5, 2025

Wednesday Service

SECOND WIND

SECOND WIND DEFINITION:

- “The energy for a renewed effort to continue an undertaking...”
- “A new strength to continue something that is an effort...”
- “A return of strength or energy that makes it possible to continue in an activity or to start again...”

[Isaiah 40:27–31 \(NKJV\)](#)

27 Why do you say, O Jacob, And speak, O Israel: “My way is hidden from the Lord, And my just claim is passed over by my God”?

28 Have you not known? Have you not heard? The everlasting God, the Lord, The Creator of the ends of the earth, Neither faints nor is weary. His understanding is unsearchable.

29 He gives power to the weak, And to *those who have* no might He increases strength.

30 Even the youths shall faint and be weary, And the young men shall utterly fall,

31 But those who wait on the Lord Shall renew *their* strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

Verse 28... “Have you not known? Have you not heard? The everlasting God, the Lord, **The Creator of the ends of the earth**, Neither faints nor is weary. His understanding is unsearchable.”

Isaiah 40:21 (NLT) “Haven’t you heard? Don’t you understand? Are you deaf to the words of God— the words he gave before the world began? Are you so ignorant?”

Verse 28 (NLT)... Have you never heard? Have you never understood? The LORD is the everlasting God, **the Creator of all the earth. He never grows weak or weary. No one can measure the depths of his understanding.**

Verse 29... “He gives power to the weak, And to *those who have* no might He increases strength.”

Verse 30... “30 Even the youths shall faint and be weary, And the young men shall utterly fall...”

Verse 31... “But those who **wait on the Lord** Shall renew *their* strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.”

Verse 31 (NLT) “But those who **trust** in the Lord will find new strength...”

Verse 31... “But those who wait on the Lord Shall **renew** *their* strength...”

Hebrew = Renew = “To keep putting on fresh strength”

Verse 31... “But those who wait on the Lord Shall renew *their* strength; They shall **mount up with wings like eagles...**”

Verse 31... “But those who **wait on the Lord** Shall renew *their* strength; They shall mount up with wings like eagles, **They shall run and not be weary, They shall walk and not faint.**”

Hebrew = Weary = Exhaustion because of the hardness of life

Psalms 62:1–2 (NLT) I wait quietly before God, for my victory comes from him. ² He alone is my rock and my salvation, my fortress where I will never be shaken.

