LIVING A DOUBT-FREE LIFE!

James 1:6 says that… "He who doubts is like a wave of the sea driven and tossed by the wind"

Living a doubt free life means developing an unwavering trust in God that anchors you through all uncertainties.

James 1:6 says… "… he who doubts is like a wave of the sea driven and tossed by the wind…"

James 1:8 says… "… a double-minded man, unstable in all his ways"

Double-minded = "Two-souled"

- Divided in heart…

Hebrews 12:1 says… "… let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith…"

The first step to stabilizing a shaky heart is to lay aside whatever is weighing you down…

Mark 4:19 (NKJV) "… the cares of this world, the deceitfulness of riches, and the desires for other things entering in choke the word, and it becomes unfruitful."

The second step is to keep your eyes on Jesus…

Hebrews 12:1 says… "… let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith…"

What it Means to Keep Your Eyes on Jesus:

First: Start your day in the Word…

ANCHOR HABITS CHALLENGE:

- Read at least 5 minutes of Scripture in the mornings.

- Take 3 intentional pauses to pray throughout your day.

- Take a moment to worship before you go to bed.

Second: Filter every decision through His will…

FAITH FILTER CHALLENGE:

- Will this feed my faith, or will it fuel my doubts?

- Will this help me get closer to Jesus or will it pull me further away from Him?

HEART CHECK CHALLENGE:

- What am I trusting more than Jesus today?

- Whatever you trust more than Jesus will become the weight that holds you back…

Psalm 86:11 (NKJV) "Teach me Your way, O Lord; I will walk in Your truth; Unite my heart to fear Your name."