

Increase: The Benefit of Meditating on the Word of God

Jesse Berthold / January 28, 2024

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THE BENEFIT OF MEDITATING ON THE WORD OF GOD

[Joshua 1:8 \(NLT\)](#) Study this Book of Instruction **continually**. **Meditate** on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do.

- **Meditate = Mutter = Read in an undertone = To speak = To proclaim**

To meditate on the Word of God...

1. **Get alone with God and shut the world out!**
2. **Focus on a passage of Scripture and ask God to speak to you through it!**

[James 1:2–4 \(NLT\)](#) Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. ³ For you know that when your faith is tested, your endurance has a chance to grow. ⁴ So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.

We learn that we aren't the only one that has problems in life!

Verse 2a = "... [when] troubles of [any kind] come your way.."

Verse 2b = "... consider it an opportunity for great joy"

Isaiah 43:2–3 (NLT) When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you. ³ For I am the LORD, your God, the Holy One of Israel, your Savior.

LIFE POINT = Don't let life make you grow bitter. Be determined to grow better through whatever it is that you are going through!

Verse 3 “For you know that when your faith is tested, your endurance has a chance to grow.”

Verse 4 = “So **let it grow**, for when your endurance is **fully developed**, you will be **perfect** and **complete, needing nothing**.”

- **Perfect = Complete - Strong - Mature**