

JULY 12TH

# **Patience & Kindness**

**Psalm 103:8**

The Lord is merciful and gracious, slow  
to anger and abounding in steadfast  
love.

### **QUESTION:**

What does it mean to show patience and be kind? What do patience and kindness have to do with love? How can we love others with patience and kindness?

### **PRAYER:**

Lord, as you have shown me patience and kindness in your love, let me do the same to others

### **PRACTICE:**

Think on how you have received patience and kindness from the Lord and from others. Look for practical opportunities this week to display love to the people in your life by being patient and kind.