

MY HELP

COMES FROM

The Lord

Psalms of
HARDSHIP
HOPE &



PSALM 121



TRINITY
Presbyterian Church

ORDER OF WORSHIP | Sunday, May 28, 2023

Listening devices are available for the hearing impaired.

Please speak with a greeter or visit the sound booth upstairs for a listening device.

SONG OF GATHERING & PREPARATION

The people of God always sang as they ascended the hill in Jerusalem up to the temple to worship (see Psalms 120-134). We, as well, prepare our hearts, minds, and bodies for worship by singing about the God we serve.

My All in Thee

CALL TO WORSHIP | 1 John 4:4b, 7-11 (ESV)

We read God's Word, the Bible, together. It reveals to us who God is and what He expects of us.

... He who is in you is greater than he who is in the world. ... Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. Anyone who does not love does not know God, because God is love. In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another.

PRAYER OF ADORATION & CONFESSION

We pray together praising God for who He really is (Adoration) and admitting our inability to live up to what He expects of us (Confession).

ASSURANCE OF PARDON | 2 Corinthians 4:7-10, 16-18 (ESV)

We read God's Word together and are reminded that mercy and grace are freely given to all who have faith in Jesus Christ.

But we have this treasure in jars of clay, to show that the surpassing power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. ... So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

WORSHIP THROUGH GIVING

We respond to the good news of God's mercy and grace for us in Jesus by giving generously to the work of His church and the kingdom of God.

Yet Not I but Through Christ in Me

PRAISE & CELEBRATION

Our response to God's free grace is celebratory worship. We express our praise to God for who He is and what He has done for us.

God is Love

When My Heart is Torn Asunder

CONFESSION OF FAITH

As an expression of our faith in Jesus Christ in solidarity with his people, we declare the substance of what we believe.

From the New City Catechism:

Q. 24. Why was it necessary for Christ, the Redeemer, to die?

A. Since death is the punishment for sin, Christ died willingly in our place to deliver us from the power and penalty of sin and bring us back to God. By his substitutionary atoning death, he alone redeems us from hell and gains for us forgiveness of sin, righteousness, and everlasting life.

KIDS' WORSHIP & COMMUNITY KIDS' DISMISSAL (Infants - 5th Grade)

Please see your child's check-in name tag for class assignment.

GREETING

PRAYER OF THANKSGIVING & INTERCESSION

We express in prayer our gratitude to God for what He has done and ask Him to continue to act for our good and the good of others in our community and world.

PROCLAMATION OF GOD'S WORD | Tim Rice, Lead Pastor and Director of Church Planting

A small portion of God's Word is explained to us and applied to our lives and circumstances.

WORSHIP THROUGH GIVING | Mercy Fund Offering

We express in prayer our gratitude to God for what He has done and ask Him to continue to act for our good and the good of others in our community and world.

SONG OF RESPONSE

We respond to the good news of God's mercy and grace by singing again of His goodness and greatness.

You've Already Won

BENEDICTION

Because the hand of God's wrath was raised against Jesus, we now receive the hand of God's blessing as we are sent out to live our lives to the glory of God.

May the LORD bless you and keep you;
the LORD make His face to shine upon you and be gracious to you;
the LORD turn His face toward you and give you His peace,
both now and forevermore. Amen.

SCRIPTURE PASSAGE & SERMON OUTLINE

Proclamation of God's Word

Text: Psalm 121

Title: My Help Comes From The LORD

Teacher: Tim Rice

1 I lift up my eyes to the hills. From where does my help come? 2 My help comes from the LORD, who made heaven and earth. 3 He will not let your foot be moved; he who keeps you will not slumber. 4 Behold, he who keeps Israel will neither slumber nor sleep. 5 The LORD is your keeper; the LORD is your shade on your right hand. 6 The sun shall not strike you by day, nor the moon by night. 7 The LORD will keep you from all evil; he will keep your life. 8 The LORD will keep your going out and your coming in from this time forth and forevermore.

INTRO: What are the most pressing threats looming over you right now?

LOOMING THREATS

How have you experienced threats that were overwhelming?

A GREATER HELP

How have you looked for relief from distress? Everyone does.

AND AN EVEN BRIGHTER FUTURE

So what is it like to live under God's good oversight?

YOU CAN PRAY WITH US ...

1. Worship the LORD, our Helper who made heaven and earth. Praise Him, Father, Son and Holy Spirit for His power (almighty!) and vigilance (He never sleeps nor slumbers).
2. How have you lived in trusting things or circumstances more than you trust the Lord? Confess your pride to Jesus, asking Him to forgive you and to renew you to trust Him more than anyone or anything.
3. Give thanks to Jesus for His willingness to suffer and be separated from His Father in order to atone for our sins. Thank Him for all He endured to pay your debt and for all He gives you by His Grace.
4. Who do you know that lives in distress? Pray for them, asking the Lord to help them, to secure them by His answer to their cries for help and to keep them by His immeasurable power.
5. Ask the Holy Spirit to secure you in His love and faithfulness. Pray for the Spirit to bear in you His fruit of peace, *especially as you compare what the things of this world offer vs. all that the LORD freely gives you in Christ.*

Welcome to Trinity!
Tell us about yourself.
Please scan on the QR code to stay connected
And let us know of prayer requests.



Follow Us!



@TrinityLakeland



@TrinityLakeland



@TrinityLakeland



TrinityLakeland

Communication

Visit trinitylakeland.org/events to register.



High School Summer Kick-off Party

May 31, 4p.

Contact [Brown Peterson](mailto:brown.peterson@trinitylakeland.org) for information.



Middle School Summer Kick-off Party

June 1, 12p.

Contact [Brown Peterson](mailto:brown.peterson@trinitylakeland.org) for information.



A Woman's Choice - Baby Bottle Campaign

May 14 - June 18

Contact the church office for information.

Community Bible Reading

communitybiblereading.org

May 29-June 3, 2023

(3-year plan: read blue passages | 1-year plan: read all)

Monday	Ephesians 3 1 Chronicles 28	Leviticus 16 Jeremiah 31
Tuesday	Ephesians 4 1 Chronicles 29	Leviticus 17 Jeremiah 32
Wednesday	Ephesians 5 2 Chronicles 1	Leviticus 18 Jeremiah 33
Thursday	Ephesians 6 2 Chronicles 2	Leviticus 19 Jeremiah 34
Friday	Philippians 1 2 Chronicles 3	Leviticus 20 Jeremiah 35
Saturday	Psalms 75	Psalms 23 Psalm 120

Scripture Memory for the Week: **Psalm 121:1-2 (ESV)**

- 1 I lift up my eyes to the hills.
From where does my help come?
- 2 My help comes from the LORD,
who made heaven and earth.

Office Hours:

Mon - Fri | 8:30a - 5:00p
Sunday Worship | 8:45a & 10:30a
301 N Florida Ave, Lakeland, FL 33801
863-603-7777 | trinitylakeland.org

Mission

A city transformed: Loved by God the Father, saved by Jesus His Son,
empowered by His Spirit, called by God to reach our city with His love.