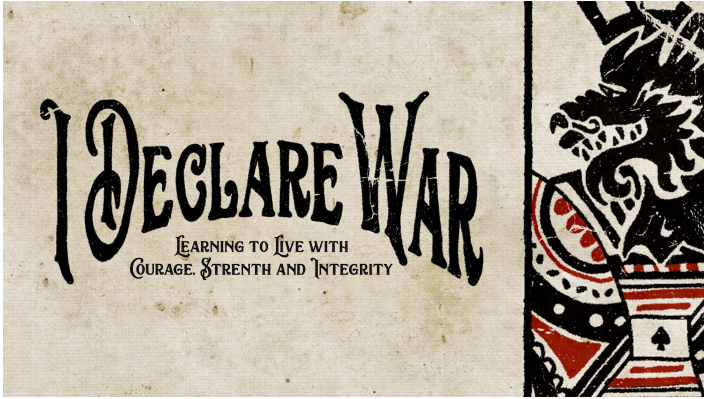


TAKE HOME SHEET



Series: I Declare War
Message: Mind Over Matter
Speaker: Rusty Coram
Date: January 5/6, 2019

The image of a soldier's belt is used in Ephesians to illustrate the importance of truth – it keeps us ready and prepared for action. For a follower of Jesus, truth does the same thing.

In the New American Standard Bible translation it says, "Therefore, gird your minds for action, keep sober in spirit..." (1 Peter 1:13). This reminds us that we are responsible for being ready at all times to respond to situations and opportunities around us. The only way we can be sober and alert is to have clear wisdom and accurate insight from God's Word, the Bible.

¹⁶ All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. ¹⁷ God uses it to prepare and equip his people to do every good work.

2 Timothy 3:16-17 (NLT)

A working knowledge of what the Bible says about my life and how God wants me to live it, is essential to be faithful to Him. Being honest:

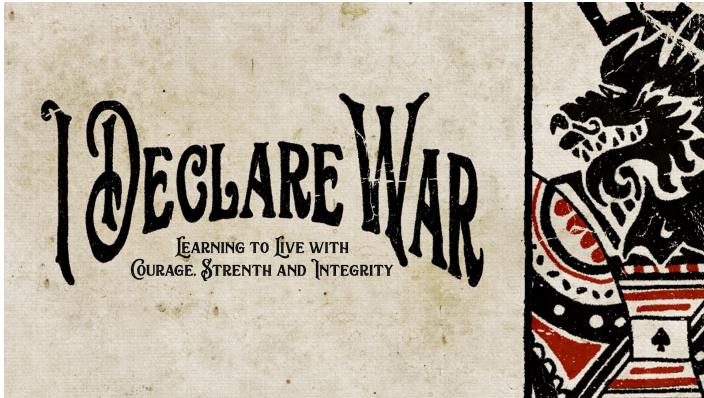
- How often do I read/listen to the Bible?
- How much time per day do I invest in it?
- Do my answers reflect deep devotion to my God?
- If not, am I willing to make the effort to begin doing better?

A great way to start is the New Hope Bible Reading Plan. You can access it by going to nhcbrp.com and choosing option #1. You will also find weekly posts to go deeper into the reading that week from our Staff.

⁸ And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. ⁹ Keep putting into practice all you learned and received from me— everything you heard from me and saw me doing. Then the God of peace will be with you.

Philippians 4:8-9 (NLT)

MESSAGE NOTES



Series: I Declare War
Message: Mind Over Matter
Speaker: Rusty Coram
Date: January 5/6, 2019

There are two questions we should regularly ask, answer and review:

Who am I?

Why am I here?

¹ And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. ² Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:1-2 (NLT)

God has equipped us for action. It's time we train and get busy.

Getting our heads screwed on straight is where to start.

¹⁰ A final word: Be strong in the Lord and in his mighty power. ¹¹ Put on all of God's armor so that you will be able to stand firm against all strategies of the devil.

Ephesians 6:10-11 (NLT)

Stand your ground, putting on the belt of truth...
Ephesians 6:14 (NLT)

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

2 Corinthians 10:5 (NIV)

You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!
Isaiah 26:3 (NLT)

The single most important way to do this is to read and understand the Bible.

⁹ How can a young person stay pure? By obeying your word. ¹⁰ I have tried hard to find you—don't let me wander from your commands. ¹¹ I have hidden your word in my heart, that I might not sin against you.

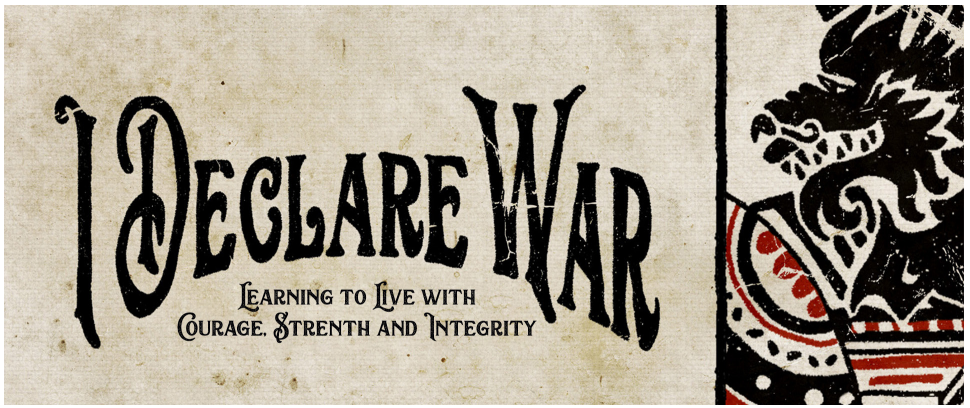
Psalms 119:9-11 (NLT)

Go to newhope.org and click on messages to download this week's Take Home Sheet or stop by Guest Services to pick one up.

BIBLE TRANSLATIONS:

NIV – New International Version

NLT – New Living Translation



Life is a series of choices - a battle between right and wrong, better or worse, good and evil. We can choose to follow Jesus, who offers us love and life in abundance, or we can allow temptation, selfishness and sin to cloud our judgment. So, how do we get out of our own way and quit making poor decisions? In this series, we're going to explore the power of three words, I Declare War. We'll look at different ways our words, thoughts and actions can sabotage our good choices and how we can learn to rely on God's power and resources to gain healthy control of our lives. ***This week... Mind Over Matter***- Our internal dialogue has tremendous influence on our mindset and how we react to life. Ultimately, what we think determines what we do. Getting a handle on this is our first priority in declaring war.

FIRST TIME GUESTS We promise we're not going to make you stand up in front of everyone or track you down, but we'd love to know you were here today! Simply fill out your communication card in the seat back in front of you and check the "First Time Guest" box. On your way out, stop by Guest Services at the front doors and get your FREE welcome gift. **We're glad you are here!**

**WE'RE
SO GLAD
YOU JOINED
US TODAY!**

newhope
LIVING

We are honored when people choose to do church with us. New Hope is for anyone who wants to seek God - from those exploring whether or not God even exists, to devoted Christ-followers. Wherever you are, you'll find we are committed to showing everyone the love of Jesus and help them establish a relationship with Him. We are casual, laid-back, and far from perfect. **ALL are welcome!**



The Landing 2019 Kick Off Party

Tuesday, January 8th 7-9 pm

Strength in Numbers: Having Authentic Friendships

Small Group Games, Ice Cream Sundaes,
and Hot Cocoa Bar!

Bring a new friend, get a gift card!

Who can come to The Landing?

Students in middle and high school dealing with difficult life issues such as (but not limited to); Anger, Fear, Depression, Self-Harm, Bullying, Abuse, Alcohol & Drugs, Food Issues, Pornography, Divorce, Grief & Loss, Self-worth Issues, or any other issues that are interfering with your daily life.

What is The Landing?

The Landing is a safe place to talk about the hurts, habits and hang-

ups that you are facing each day. This is the place to come when you feel as though no one else could possibly understand what you are feeling or going through. The Landing is here to give you a safe place to be heard. We want to know YOU and what it's like to be YOU. We want to help you learn new coping skills and find healing. The Landing is a Christ-centered recovery group for students in middle and high school.

There are multiple ways to follow along! Because we know everyone is wired together differently, our 2019 BRP is available in several different formats and delivery mechanisms:

1. Pick up a **hard copy** of the plan at Guest Services or download it at nhcbrp.com and print it out.
2. **Visit nhcbrp.com** on your **phone or computer** and follow along week to week.
3. Use the New Hope Church **mobile app**, available in the Apple and Andriod app stores, and click on the Bible Reading Plan icon to access the weekly readings.
4. Follow any of the New Hope Church **social media** accounts at nhclorton.
5. Subscribe to receive a **text alert** when Senior Pastor Rusty Coram, Executive Director of Education and Outreach Kim Feld, or Director of Family Ministry Stephanie Schleyer post insights to the weekly readings. It is like being in a Bible study group! Simply send the text "follow nhclorton" to 40404 or follow us on social media at nhclorton.





JOURNEY WINTER 2019 CLASSES

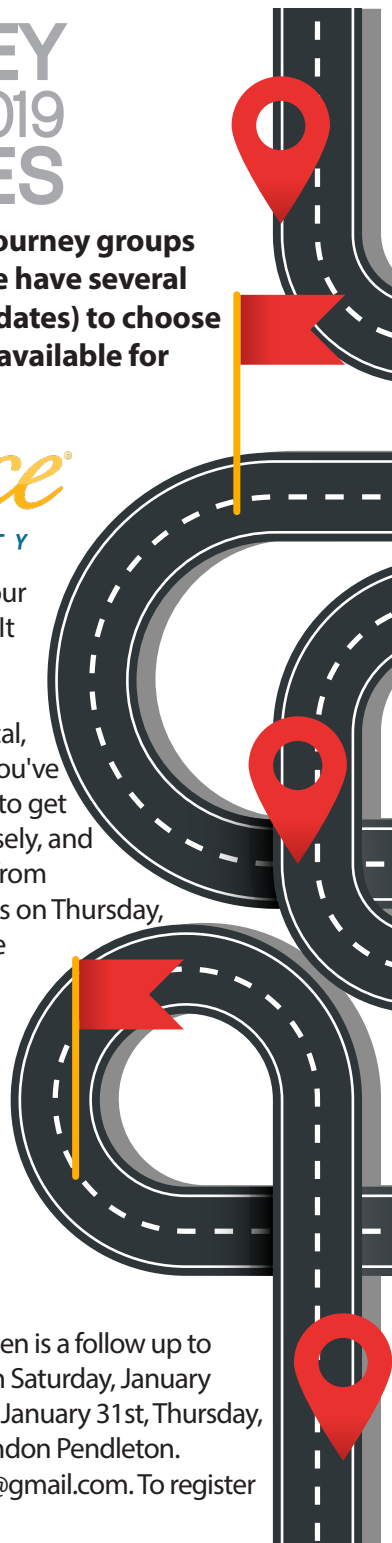
We are gearing up for our Winter round of Journey groups beginning Thursday, January 24th, 2019. We have several different options (some with different start dates) to choose from lasting from 3 – 10 weeks. Childcare is available for those that register by January 21st.

FINANCIAL *Peace*[®] UNIVERSITY

Financial Peace University- We all need a plan for our money. Financial Peace University (FPU) is that plan! It teaches God's ways of handling money. Through a nine-week video teaching, class discussions and interactive small group activities, FPU presents biblical, practical steps to get from where you are to where you've dreamed you could be. This plan will show you how to get rid of debt, manage your money, spend and save wisely, and much more! This class meets on Thursday evenings from 7-9 pm, starting January 31st. There is a Preview Class on Thursday, January 24th for those that would like to preview the material prior to enrolling. Questions? Contact Tom Dolan at tdolan1@comcast.net. To register for the preview class, please go to bit.ly/fpupreview2019. To register for the nine-week class, please go to bit.ly/fpuclass2019.

KINGDOM MAN

Kingdom Man- This three-week Journey group for men is a follow up to the One Day Men's Retreat (occurring at New Hope on Saturday, January 26th). The class will be held from 7-9 pm on Thursday, January 31st, Thursday, February 7th and Thursday, February 14th, led by Brandon Pendleton. Questions? Contact Brandon at pendleton.brandon.l@gmail.com. To register for this class, please go to bit.ly/kingdommannhc.





CORE THEOLOGY DOCTRINES

Core Theology Doctrines- For those that would like a deep dive, this course, led by Bill Soderberg, will address in detail six major Christian theological topics that are central to the Christian faith, but perhaps not fully understood by most believers. The topics will be covered in six 90-minute sessions using visual presentations and handouts. Although the information in these topics is related, the presentations are designed as stand-alone classes. Each class will be lecture-styled for 60 minutes, accompanied by a 30-minute Q&A or discussion period. The six topics are:

The Trinity, the Sacraments, the Covenants, Christ's Return and Millennialism, Predestination and Ecclesiology (the Church).

The class will begin on Thursday, January 24th and continue for five weeks. Childcare is provided for those that register in advance. Questions? Contact Bill Soderberg by email at williamsoderberg@cox.net. For a full description of the six topics, please email us at info@newhope.org. To sign up, please go online to bit.ly/coredoc.

the PRAYER course

Prayer Course- Want to go deeper in your prayer life? Journey with us through the Lord's Prayer as we cover topics such as intercession, dealing with disappointment, learning to listen and spiritual warfare. Each workshop includes a short video, discussion and practice time. This course is intended for anyone interested in the subject of prayer, led by Emma Keeton. Class begins on Thursday, February 7th, from 7-9 pm, and runs for six weeks. Childcare is available for anyone that registers in advance. Questions? Contact Emma Keeton at emokeets@gmail.com. To register, go online to bit.ly/prayerjournal2019.

Class begins on Thursday, February 7th, from 7-9 pm, and runs for six weeks. Childcare is available for anyone that registers in advance. Questions? Contact Emma Keeton at emokeets@gmail.com. To register, go online to bit.ly/prayerjournal2019.

If you have any questions, please contact Kim Feld, the Executive Director of Education and Outreach, at kim.feld@newhope.org.

PARENTING IS
HARD

DON'T
PARENT ALONE



**GREATER
IMPACT**

Parent Night – It’s a Phase, Don’t Miss It!

It can be difficult being a parent today. We all want the same things for our kids, we just don’t always know how to accomplish it. The church wants to partner with you to give you encouragement, support, and handles on how to successfully parent at every phase of a child’s life. **Join us January 17th, at 7 pm, at New Hope Church for a presentation and discussion about how we can work together to make a better future for our kids. The event is free and we’ll have childcare for a small fee if you need it. Just sign up when you register. Simply go online to bit.ly/nhcparentnight.**



Calling all men ages 18 and up! Join us for our Men's Ministry One Day Conference on January 26th, as we digest principles and truth from Dr. Tony Evans' study, *Kingdom Man*! Come out and be encouraged and empowered in becoming a man who rules his world well! This study is designed to empower men to exercise the God-given dominion they were created for by giving them a Kingdom understanding, vision, and perspective on their identity and responsibilities, with practical steps on building an action plan. We will kick-off at 7 am and go until 4 pm. **The cost is \$35 (includes workbook, lunch and snacks).** **To register, go to bit.ly/kingdommanretreat.** This will be followed up with a three-week Journey group on Thursday Nights on January 31, February 7 and February 14 from 7-9 pm. To sign up for the Journey Group, please go online to bit.ly/kingdommannhc.



SAVE YOUR MARRIAGE BEFORE IT STARTS

preparing for life long love just got easier

For those who are seriously dating or already engaged, New Hope Church is launching a new pre-marriage class. This class is designed to help couples better understand God's plan for marriage and learn how to navigate the challenges of marriage by better understanding one's future spouse. The unique and permanent bonding of a man and woman in marriage is a great blessing and the anchor on which society is built. But doing marriage successfully requires a unique set of skills and perspectives for couples to learn and develop. The class will look at compatibilities and differences in partners, effective communication strategies, building a home together and honoring God in your commitment.

The class will be taught by Bill and Lorna Soderberg in their home and will be scheduled around the mutual availability of all participants. **The class will meet six times, once per week for 90 minutes each session.** Instruction/discussion is built around the book, "Preparing for Marriage" by Boehi, Nelson, Schulte & Shadrach, and general editor Dennis Rainey.

Please reach out with any questions or to let us know if you would like to join the class. Call Bill or Lorna at 630-606-8051 or you can email them at lornasoderberg@gmail.com.



DISCOVERING PARTNERSHIP

For those of you ready to investigate partnership at New Hope, we are offering a Discovering Partnership Class, on Sunday, January 27th from 12:45 - 2:45 pm. We'll even provide lunch and childcare. You can sign-up at bit.ly/dpcjan19. At this class you'll learn the vision and values of New Hope. We'll explain the five core values, heart attitudes, and theological distinctive our church lives by. At the end of the class, you'll have an opportunity to become a partner of New Hope.

We ♥ Our Volunteers

We love our volunteers and we take pleasure in spotlighting them each week. **This week, we'd like to recognize Darlene and Tim Martin.** Darlene serves as a Small Group Leader for the Middle School Girls and also as a Childcare Leader, caring for the younger siblings, which allow the parents the opportunity to grow and seek connection in the Landing Parents Small Group. Tim serves as both Security and a Small Group Leader with Middle School Boys for The Landing. His relaxed personality really puts the guys at ease for a great Landing experience. Thank you Tim and Darlene! We are so grateful for you! **If you are interested in serving with The Landing, please contact Wendy at wendy.hunt@newhope.org.**

Infertility Connect Group • Sunday, January 13th • 12:30-2 pm

In today's world, it's hard to find a woman who hasn't been touched by the struggle of infertility, whether it's been experienced personally or through a friend or loved one.

At New Hope, we strongly believe in the power of community and connection to help us navigate the joys as well as the sorrows of life. We want you to know that you are not alone.

Please join us as we continue the conversation of faith and infertility, led by Phyllis Martin, M.Ed., LPC. Please RSVP to Karena at karena.rowenhorst@newhope.org by January 11th, if you plan to attend.

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CHURCH

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