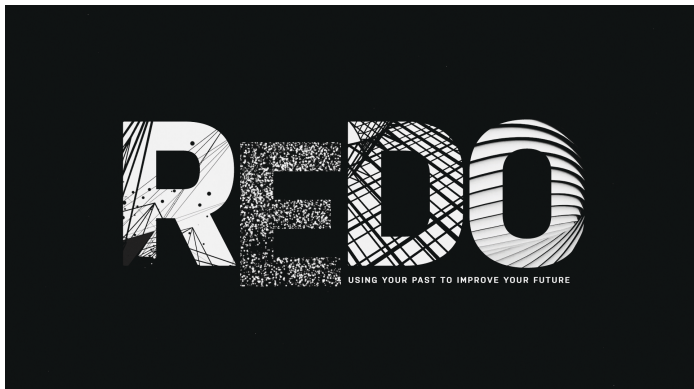


## TAKE HOME SHEET



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**Series:** REDO  
**Message:** Keep in Touch  
**Speaker:** Rusty Coram  
**Date:** January 18/19, 2020

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When it comes to prayer, we have both a tremendous privilege and responsibility. All who have accepted Jesus as their Savior and leader are now God's loved children. With that comes the privilege of a relationship with God and the opportunity to commune with Him anytime. Wow! Along with this comes great responsibility to live so that God is honored and obeyed as His devoted followers.

Jesus gave us a guide to communication with God that is not meant to be merely repeated over and over, but to be a template as we communicate with God like Jesus did. To help deepen our understanding of what Jesus wants us to follow, check out the references below and make notes about how they can inform and strengthen your private prayer, as well as prayer with others.

***Our Father in heaven...***

[John 16:27; Romans 1:7]

***...hallowed be your name...***

[1 Corinthians 8:6; 1 Samuel 2:2 Revelation 15:4]

***...your kingdom come, your will be done on earth as it is in heaven.***

[Psalm 93:5; Revelation 17:14]

***Give us today our daily bread.***

[Philippians 4:19; Matthew 7:7]

***Forgive us our debts, as we also have forgiven our debtors.***

[1 John 1:9; Ephesians 4:32]

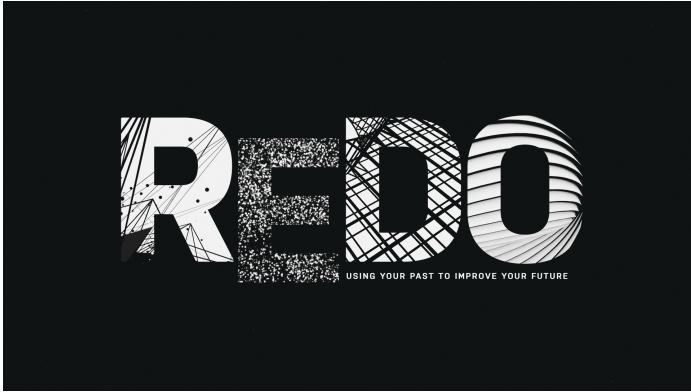
***And lead us not into temptation, but deliver us from the evil one.***

[1 Corinthians 10:13; 1 Peter 5:8]

**BIBLE TRANSLATIONS:**

NLT – New Living Translation

## MESSAGE NOTES



**Series:** REDO  
**Message:** Keep in Touch  
**Speaker:** Rusty Coram  
**Date:** January 18/19, 2020

<sup>9</sup> Pray like this: Our Father in heaven, may your name be kept holy. <sup>10</sup> May your Kingdom come soon. May your will be done on earth, as it is in heaven. <sup>11</sup> Give us today the food we need, <sup>12</sup> and forgive us our sins, as we have forgiven those who sin against us. <sup>13</sup> And don't let us yield to temptation, but rescue us from the evil one. <sup>14</sup> If you forgive those who sin against you, your heavenly Father will forgive you. <sup>15</sup> But if you refuse to forgive others, your Father will not forgive your sins.

Matthew 6:9-15 (NLT)

*Our Father in heaven...*

**Remember God is available and approachable.**

*...hallowed be your name...*

**Remember God is holy and awesome.**

*...your kingdom come, your will be done on earth as it is in heaven.*

**Remember God is our sovereign leader. His will overrules ours.**

*Give us today our daily bread.*

**Ask God to provide, as we trust and follow.**

*Forgive us our debts, as we also have forgiven our debtors.*

**Ask God to restore our relationship, as we do with others.**

\*Jesus gives special attention to this:

*For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins.*

*And lead us not into temptation, but deliver us from the evil one.*

**Ask God for wisdom and guidance, so we can avoid and escape danger.**



USING YOUR PAST TO IMPROVE YOUR FUTURE

Our past mistakes can take control of our lives and define us. If we dwell on the past and give up, there is no hope for positive change. But, the good news is that Jesus offers us forgiveness, hope and power – genuine power - to change! We don't have to be defined by our past. Instead, we can learn from it and move forward with purpose and hope, and in the process, make a real difference in the world.

## FIRST TIME GUESTS

We promise we're not going to make you stand up in front of everyone or track you down, but we'd love to know you were here today! Simply fill out your communication card in the seat back in front of you and check the "First Time Guest" box. On your way out, stop by Guest Services at the front doors and get your FREE welcome gift. We're glad you are here!

**WE'RE  
SO GLAD  
YOU JOINED  
US TODAY!**

newhope  
church

We're honored when people choose to do church with us. New Hope is for anyone who wants to seek God - from those exploring if He even exists, to devoted Christ-followers. Wherever you are, you'll find we are committed to showing the love of Jesus and helping people establish a relationship with Him. We are casual, laid-back and far from perfect. **ALL are welcome!**

# MISSION MUFFINS

Mission Muffins, part of Central Union Mission's Ready2Cook program, is here next Sunday. When you purchase their delicious baked goods, you are helping equip a homeless or unemployed individual return to society. Visit the table in the front lobby before or after the service. Don't wait too long - they sell out quickly! You can also pre-order by Saturday at 8 am at [www.missionmuffins.org](http://www.missionmuffins.org).

**Who knew doing good  
could taste so good?**



This year's Bible Reading Plan (BRP) will encourage you to explore and develop disciplines in your life to help you grow in your relationship with Jesus. Think of a discipline as a habit that deeply influences your life. Each month is devoted to a different spiritual discipline or habit. Richard J. Foster, author of *Celebration of Discipline: The Path to Spiritual Growth* defines spiritual disciplines as "...the means of God's grace for bringing about genuine

personality formation characterized through and through by love and joy and peace and patience and kindness and goodness and faithfulness and gentleness and self-control (Galatians 5:22-23)." Spiritual disciplines are practices we do or habits we develop with the end result of being more like Jesus. We would like to encourage you to read *Celebration of Discipline* along with the BRP. You can purchase it on Amazon.com. The BRP can be found at [newhope.org](http://newhope.org) or hard copies are available at Guest Services.

**DON'T  
MISS IT!**

**There's a lot going on this weekend and we don't want you to miss out! Take a look...**

**Baptism Interest Meetings** - After each service in the auditorium. (Baptism for kids room 220.)

**Grouplink** - We'd love to help you get connected with a small group. Join us Sunday at 12:45 in the Large Room.

**Uganda Trip Interest Meeting** - Join us Sunday at 12:45 in room 222.

## FINANCE UPDATE - DECEMBER OFFERING

**DECEMBER BUDGET \$288,678**

**DECEMBER ACTUAL \$345,276**

**DECEMBER OVER/(UNDER) \$56,598**

**YTD BUDGET \$2,405,650**

**YTD ACTUAL \$2,372,746**

**YTD OVER/(UNDER) (\$32,904)**



**newhope**

**WHAT IS  
PARTNERSHIP?**

SIGN-UP FOR THE DISCOVERING PARTNERSHIP CLASS

For those of you ready to investigate partnership at New Hope, we're offering a Discovering Partnership Class next Sunday, January 26th from 12:45 - 2:45 pm. We'll provide lunch and childcare. Please sign up at [bit.ly/dpcjan2020](https://bit.ly/dpcjan2020). You'll learn our vision and values. We'll also explain the five core values, heart attitudes and theological distinctives our church lives by. At the end of the class, you'll have an opportunity to become a partner of New Hope.

# mark your calendar

jan

**1.24-26**  
High School  
Winter Bash

**1.25**  
Middle School  
Winter Bash

**1.26**  
Mission Muffins

**1.26**  
Discovering  
Partnership

Feb

**2.1**  
Baptism  
Celebration

**2.22**  
Men's Retreat

**2.23**  
Mission Muffins

mar

**3.7**  
Blood Drive

**3.14**  
Northstar  
Womens  
Conference

**3.22**  
Mission Muffins

apr

**4.4**  
Baptism Info  
Meetings

**4.11**  
Good Friday

**4.12-13**  
Easter Services

**4.18**  
Baptism  
Celebration

**4.26**  
Mission Muffins



The Landing is for students in 6th-12th grade who want help dealing with difficult life issues. It's a safe place to talk openly about real life, learn new ways of coping, and have a little fun. The Landing meets on Tuesdays from 7- 8:30 pm. Learn more at [www.thingscansuck.com](http://www.thingscansuck.com). You can also email [info@thingscansuck.com](mailto:info@thingscansuck.com) or call 703.971.4673 ext 120. **This month we're talking about depression.** Join us to learn what God has to say about it.

**newhope**  
CHURCH

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[newhope.org](http://newhope.org) • 703.971.4673  
[info@newhope.org](mailto:info@newhope.org)



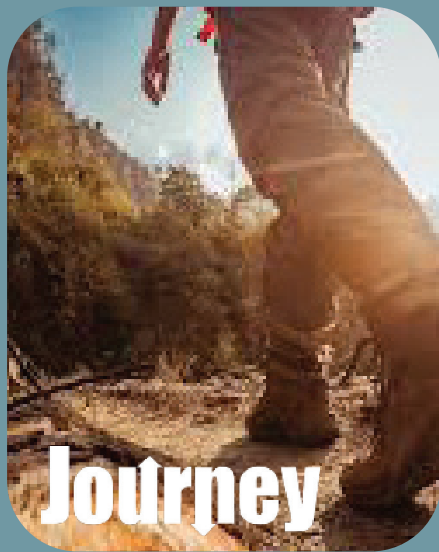
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**INSTAGRAM**  
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In addition to long-term groups, we offer topic-based, short term groups, called Journey, at least twice a year. For 2020, the first session officially begins Thursday, January 30th. These groups vary in length and start dates, so please look at the descriptions below for details. We offer childcare for each of these groups for a nominal fee to help offset the cost, as our childcare workers are not volunteers. The only exception is Starting Point, which occurs during our Saturday evening service. Questions? Contact Kim Feld at [kim.feld@newhope.org](mailto:kim.feld@newhope.org).

**GriefShare** is a 13-week support group that offers help and encouragement after the death of a spouse, child, family member or friend. There are three key parts to the GriefShare experience: a video seminar featuring encouraging, information-packed sessions with leading grief experts; small group discussion about the weekly video content; and workbook journaling and personal study exercises that reinforce the weekly session topics. This group begins Thursday, January 30th at 7 pm. Questions? Please contact Jim Morgans at [jim.morgans@newhope.org](mailto:jim.morgans@newhope.org). Register at [bit.ly/griefsharejan20](http://bit.ly/griefsharejan20).

**Financial Peace University (FPU):** We all need a plan for our money. FPU is that plan! It teaches God's ways of handling money. Through video teaching, class discussions and interactive small group activities, FPU presents biblical, practical steps to get from where you are to where you've dreamed you could be. This plan will show you how to get rid of debt, manage your money, spend and save wisely, and much more! This is a nine-week class that meets on Thursday evenings from 7-9 pm starting February 6th. Questions? Contact Tom Dolan at [tdolan1@comcast.net](mailto:tdolan1@comcast.net) To Register please go to [bit.ly/fpujan20](http://bit.ly/fpujan20).

**Financial Peace Preview:** When was your last money fight? When was the last time you paid a bill late? Do you have a car loan, student loan or credit card? In Financial Peace University, you'll learn to communicate with your spouse about money, put together a spending plan that works, and completely eliminate debt. While completing the class, the average family pays off \$5,300 in debt and saves \$2,700 within nine weeks. FPU is more than just a money class. Come to our free preview on January 30th from 7 - 8 pm to find out more. Questions? Contact Tom Dolan at [tdolan1@comcast.net](mailto:tdolan1@comcast.net). To register go to <http://bit.ly/fpujan20preview>.

**Couple's Journey Group:** Have you ever put spaghetti on your waffle? If you're married you have! This new Journey class for married couples looks at the differences between men and women, and helps couples work through and take advantage of these differences to build stronger relationships. The class will use the book *Men Are Like Waffles, Women Are Like Spaghetti* by Bill & Pam Farrel to take a refreshing, humorous look at relationships that is designed to help couples know each other better and work to overcome the negative aspects of differences and accentuate the positive aspects. The authors explain why a man is like a waffle (each element of his life is in a separate box), why a woman is like a plate of spaghetti (everything in her life touches everything else), and how the differences can work for you. Biblical insights, sound research, humorous anecdotes, and real-life stories make this guide entertaining and practical.

This six-week group begins on Thursday, January 30th at 7 pm and will be led by Bill and Lorna Soderberg. The book can be purchased through Amazon.com. Please pick up a copy before class begins. Questions? Contact Lorna Soderberg at [lornasoderberg@gmail.com](mailto:lornasoderberg@gmail.com). Register at [bit.ly/couplesjan20](http://bit.ly/couplesjan20).

**Starting Point** is a conversational environment where people can explore faith and experience community. It is a safe place for people with questions about faith, as well as those who want to learn about the Bible and Christianity. Groups meet for nine weeks to explore the grand story of the Bible.

You may have questions you've always wondered about, but never felt you could ask at church, legitimate questions that would make many Christians uncomfortable. Ask them - nothing is off-limits. We want to have conversations about the stuff that really matters to you—even when it's difficult to talk about—especially when it's difficult to talk about.

Starting Point is designed for:

**SEEKERS:** those who are curious about God, Jesus, the Bible, or Christianity

**STARTERS:** those who have just begun a relationship with Jesus Christ

**RETURNERS:** those who have some church experience, but have been away for a while

This group will begin on Saturday, January 25th with a preview week and end on Saturday, March 28th. We'll meet at New Hope during the Saturday 5:30 pm service. If you have children, please check them into Kids' Time like you would for a service. The group will end when the service ends at 6:30pm. Questions? Contact Kim Feld at [kim.feld@newhope.org](mailto:kim.feld@newhope.org). To register, please go to [bit.ly/startingpointjan20](http://bit.ly/startingpointjan20).