## 

#### TAKE HOME SHEET



Series:At the MoviesMessage:WonderSpeaker:Stephanie SchleyerDate:September 1/2, 2018

After reviewing the message notes and passages, think about the following questions:

Think about a time you have suffered pain and loss in your life. How did you deal with it? Did it help or hurt?

How did you see God working in your life during that time?

When dealing with pain and loss which are you most likely to fall into:

Anger Taking Action Using Humor Avoiding and Shoving How do you see your actions hurting you?

How do you see your actions helping you to heal?

Why is pain so difficult for us to express?

<sup>7</sup> Therefore, in order to keep me from becoming conceited, I was given a thorn in my flesh, a messenger of Satan, to torment me. <sup>8</sup> Three times I pleaded with the Lord to take it away from me. <sup>9</sup> But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness. "Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. <sup>10</sup> That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

2 Corinthians 12:7-10 (NIV)

How do you see God working through your weaknesses?



#### **MESSAGE NOTES**



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Ways we deal with loss: Anger

Anger unchecked can lead to sin.

<sup>26</sup> And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, <sup>27</sup> for anger gives a foothold to the devil. Ephesians 4:26-27 (NLT)

Ways we deal with loss: Action

When we feel <u>pain</u>, we feel like we need to take a <u>different action</u> to hopefully feel a <u>different</u> <u>feeling</u>.

When we are weak and in pain, sometimes that's when Jesus can <u>move the most</u> in our lives.

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The LORD is close to the brokenhearted; he rescues those whose spirits are crushed. Psalm 34:18 (NLT)

Ways we deal with loss: Humor

Humor breaks up pain into manageable pieces.

A cheerful heart is good medicine, but a crushed spirit dries up the bones.

Proverbs 17:22 (NIV)

Ways we deal with loss: Avoidance

Your pain is worthy of God's attention.

Give all your worries and cares to God, for he cares about you.

1 Peter 5:7 (NLT)

<sup>1</sup> Do not be afraid, for I have ransomed you. I have called you by name; you are mine. <sup>2</sup> When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you.

Isaiah 43:1-2 (NLT)

Go to newhope.org and click on messages to download this week's Take Home Sheet or stop by Guest Services to pick one up.

BIBLE TRANSLATIONS: NIV – New International Version NLT – New Living Translation



Movies are called entertainment because they have a unique way of capturing our attention. Through compelling stories, good acting and CGI, we can be transported into a story and see life from a new vantage point. In this series, we will be looking at three recent movies that are not only entertaining, but illustrate truths that can transform our lives. **This week- Wonder: Wonder tells the inspiring and heartwarming story of August Pullman. Born with** facial differences that, up until now, have prevented him from going to a mainstream school, Auggie becomes the most unlikely of heroes when he enters the local fifth grade, as his family, his new classmates, and the larger community all struggle to find their compassion and acceptance. Auggie's extraordinary journey will unite them all and prove you can't blend in when you were born to stand out. We'll look at how we all deal with grief and loss differently, and how God comes along side and supports us through it.

**FIRST TIME GUESTS** We promise we're not going to make you stand up in front of everyone or track you down, but we'd love to know you were here today! Simply fill out your communication card in the seat back in front of you and check the "First Time Guest" box. On your way out, stop by Guest Services at the front doors and get your FREE welcome gift. **We're glad you are here!** 



We are honored when people choose to do church with us. New Hope is for anyone who wants to seek God - from those exploring whether or not God even exists, to devoted Christ-followers. Wherever you are, you'll find we are committed to showing everyone the love of Jesus and help them establish a relationship with Him. We are casual, laid-back, and far from perfect. **ALL are welcome!** 

## Journey To Compassion

Women's Retreat 2018 October 5th & 6th Roslyn Retreat Center Richmond, VA

Registration opens September 4th and runs through September 20th

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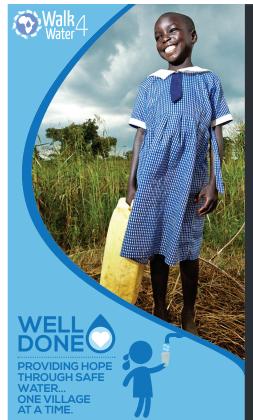
Please join us for a Planning Well presentation with Jeff Ukrop of the Virginia Baptist Foundation, on Sunday, September 23rd, from 1-2 pm. In an effort to make this a "no excuses" event, the presentation, lunch, and childcare are included for FREE!

Some of our most important conversations happen around the dining table – like conversations about our legacy, our future, and what we want for our loved ones when we are gone. You are invited to a free lunch presentation to learn about some important charitable estate planning topics. Jeff Ukrop, of the Virginia Baptist Foundation, will address the importance of an up-to-date will to protect your family and your charitable wishes. In addition, Jeff will outline a variety of instruments that can leave a legacy, supplement income and provide tax benefits during and after one's lifetime. Jeff is a lifelong Virginian who travels the state with the Virginia Baptist Foundation to help churches and families steward their resources in a way that honors God.

#### Register today at bit.ly/planningwell.

#### When we understand how a kid thinks and what motivates them, we can better reach them with the truth about God. When church, volunteers, and parents are all on the same page with the same vision, we can make a bigger impact on

our kids to have a healthy, authentic relationship with Jesus. If you volunteer in Sprouts, Remix, Revolution, SPIN, or Takeover, or you are thinking about serving, please join us for our **It's a Phase, Don't Miss It! training event on September 30th, 1-3 pm**. Lunch will be served. If you have questions, please email Steph at stephanie.schleyer@ newhope.org. **Register in the at bit.ly/dontmissitevent.** 



#### Join us for the Walk 4 Water at New Hope Church

Bring the entire family out to New Hope Church in Lorton, VA as we walk 3.7 miles in honor of mothers and young children in the remote villages of Shangu and Aterait, Uganda who must walk miles each day to a contaminated pond for their daily source of water.

All are welcome, and we can't wait to see you there!

Saturday, September 22, 2018 Check-in begins at 8:00 am Walk up registrations welcomed Walk begins at 8:30

Adults: \$35 • 12 and under: \$15 Registration includes an official W4W t-shirt!

Register NOW in the front lobby or at bit.ly/2018w4w



Takeover, the Student Ministry for students in 6th through 12th grade, will not be meeting this Sunday, September 2nd.

We kick off our school year at Takeover on September 9th with fun, games, a lesson, and the return of our small groups! Doors open at 5:30 for socializing and games. The service begins at 6 pm with small groups afterwards. We wrap up around 8 pm. Bring a friend and come ready to grow in your relationship with others and Jesus, and to have fun doing it.

If you have any questions or concerns, contact us at takeover@newhope.org.

Follow us on all social media platforms @nhctakeover.



We are gearing up for our sixth annual Hope for Help 5K on Saturday, October 20th and want you to be involved! All the proceeds from this event go toward helping to fund Feed My Starving Children (fmsc.org) events!

#### SO, HOW CAN YOU GET INVOLVED?

**REGISTER** for the Hope for Help 5K and/or Kids' Mini Color Fun Run. You can run or walk. You don't want to miss this day of fun for the entire family. You can register today by going to **hopeforhelp5k.com**.

VOLUNTEER your time. We need over 100 volunteers to assure that our event is first class. We have jobs to fit any person. To sign up to volunteer, please go online to **bit.ly/5kvols2018** 

**SPONSOR** the race! 100% of the money that comes from sponsors will be used to fund the food for the MobilePack event. If you are interested in becoming a sponsor, please check out the sponsorship tab on the website or send an email to **5k@newhope.org.** 

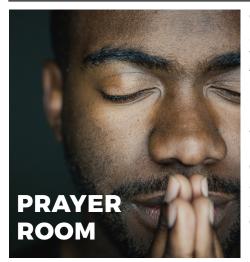
#### YOU GET ALL THE INFORMATION ONLINE AT HOPEFORHELP5K.COM



This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! 2 Corinthians 5:17 (NLT)

Whether you're new to church or a long-time attender, this might be the perfect time for you to consider this next important step. **We will be having baptisms during all weekend services on September 29th & 30th.** If you are an **adult, please** email baptism@newhope.org for more information.

**Parents,** if your child is ready or you have questions, and is 12 or under, please email us at kidbaptism@newhope.org. If your child is ready or you have questions, and is over 13, please email us at studentbaptism@newhope.org.



Our **48 Hours of Prayer** was a huge success and has driven home the value of having a dedicated spot for prayer in our building. So, **we have decided to keep the prayer room up and have it available for anyone who wants to stop by and pray,** Monday – Friday from 9 am – 6 pm. Simply stop by the front desk and we will be more than happy to assist you. More info coming soon. Questions? Contact Kim Feld at kim.feld@newhope.org.



Join us for an Open House of The Landing at New Hope Church on Tuesday, September 18 at 7–9:15 pm. Parents and students are invited to meet the volunteers, experience what The Landing is all about, and have Q&A time with the ministry leaders.

The Landing at New Hope Church (Tuesdays at 7pm) is a group for students in middle and high school which gives students a place to talk about the hurts, habits and hang-ups that they face each day. Being a student today is tough and sometimes the stress of everyday life can feel overwhelming. Things may have happened that are out of the student's control (ex. divorce, abuse, loss, bullying). Or perhaps they are struggling with depression, anxiety, fear, or anger. In an attempt to cope, students sometimes look for comfort in unhealthy ways (ex. alcohol & drugs, food issues, pornography, self-harm, perfectionism, etc.).

That's where The Landing comes in. It is the place to come when students feel as though no one else could possibly understand what they're feeling or going through. The Landing is here to give them a safe place to be heard, learn new coping skills and find healing.

### For more information about the Open House or the program in general, please contact us at info@thingscansuck.com.

## WECOUR VOLUNTEERS

Our volunteers are the very best! There's no way we could keep New Hope running without the help of these special people. **This week, we'd like to thank Grant Cone!!** Grant serves as a Small Group Leader for the Parents Group at The Landing. To find out more about The Landing, check out the information in this program about their Open House on September 18th. Thanks Grant for serving and putting other's needs first!

**Will you be a part of the New Hope Volunteer Family?** We need you! Contact Carol Ann at carolann.gregoire@newhope.org and she will help you find a place to serve that is just right for you.



Have you ever sat in a weekend service and heard a song you wanted to listen to or buy, but you didn't know the name of it or the artist's name? Well, we've fixed that

for you. On Spotify, you'll find the current pre-service playlist, as well as playlists from previous weekends. Spotify is free and easy to use. Simply go to open.spotify.com/user/nhclorton to get your free Spotify account and subscribe to follow New Hope Church.



8905 Ox Road Lorton Virginia 22079 newhope.org 703.971.4673 info@newhope.org

