

TAKE HOME SHEET



Series: Relationship Realities
Message: Move Deeper: Why We Hide
Speaker: Rusty Coram
Date: April 25/26, 2020

This week, as you look at being authentic with God, yourself and others, take some time to consider making this prayer from Psalm 51 your own. Personalize it and be specific. When we are honest with God and come clean with Him, it opens us up to become truly authentic with ourselves and others.

This is great preparation for the Prayer Night this coming Monday (April 27).

¹ Have mercy on me, O God, because of your unfailing love. Because of your great compassion, blot out the stain of my sins.

² Wash me clean from my guilt. Purify me from my sin. ³ For I recognize my rebellion; it haunts me day and night. ⁴ Against you, and you alone, have I sinned; I have done what is evil in your sight. You will be proved right in what you say, and your judgment against me is just. ⁵ For I was born a sinner— yes, from the moment my mother conceived me. ⁶ But you desire honesty from the womb, teaching me wisdom even there.

⁷ Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow. ⁸ Oh, give me back my joy again; you have broken me— now let me rejoice. ⁹ Don't keep looking at my sins. Remove the stain of my guilt. ¹⁰ Create

in me a clean heart, O God. Renew a loyal spirit within me. ¹¹ Do not banish me from your presence, and don't take your Holy Spirit from me. ¹² Restore to me the joy of your salvation, and make me willing to obey you. ¹³ Then I will teach your ways to rebels, and they will return to you.

Psalm 51:1-13 (NLT)

BIBLE TRANSLATIONS:

NLT – New Living Translation

TLB – The Living Bible

MESSAGE NOTES



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authentic (def): real, genuine, not false

⁹ The human heart is the most deceitful of all things, and desperately wicked. Who really knows how bad it is? ¹⁰ But I, the LORD, search all hearts and examine secret motives.
Jeremiah 17:9-10 (NLT)

Most of us would say we honor and respect authenticity, but if we are honest - really honest - it is something we find hard to do and seldom see.

God has given us a clear standard for building healthy relationships.

Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church.
Ephesians 4:15 (NLT)

When we decide to pursue living authentically, we are on the way to becoming truly free in our relationship with God, ourselves and others.

So if the Son sets you free, you are truly free.
John 8:36 (NLT)

Three questions for those of us who want to become authentic:

1. Am I growing in being honest with God?

People who conceal their sins will not prosper, but if they confess and turn from them, they will receive mercy.
Proverbs 28:13 (NLT)

Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, "I will confess my rebellion to the LORD." And you forgave me! All my guilt is gone.
Psalm 32:5 (NLT)

2. Am I growing in being honest with myself?

⁹ The human heart is the most deceitful of all things, and desperately wicked. Who really knows how bad it is? ¹⁰ But I, the LORD, search all hearts and examine secret motives.
Jeremiah 17:9-10 (NLT)

²³ Search me, O God, and know my heart; test me and know my anxious thoughts. ²⁴ Point out anything in me that offends you, and lead me along the path of everlasting life.
Psalm 139:23-24 (NLT)

3. Am I growing in being honest with others?

Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church.
Ephesians 4:15 (NLT)

Because of this, I try with all my strength to always maintain a clear conscience before God and man.
Acts 24:16 (TLB)