

TAKE HOME SHEET

THE MORE THINGS  
CHANGE

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**Series:** The More Things Change  
**Message:** The More We Need a  
Strong Foundation: Part 1  
**Speaker:** Rusty Coram  
**Date:** February 13/14, 2021

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*Don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves.*

James 1:22 (NLT)

**In the spirit of James 1:22, let's spend some time this week applying the three Heart Attitudes we studied today. Under each one, think of at least three specific ways you can practice that Heart Attitude. It would also be a great opportunity to ask a friend, family member or your Small Group to think through this with you.**

**Be humble** – putting the needs and interests of others above my own

**Be authentic** - living an open and honest life

**Be teachable** - giving and receiving biblical correction

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**BIBLE TRANSLATIONS:**

NLT – New Living Translation

MESSAGE NOTES

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What are “Heart Attitudes”?

**Heart:** the command and control center of my life.

*Guard your heart above all else, for it determines the course of your life.*  
Proverbs 4:23 (NLT)

**Attitude:** my approach to life. How I handle life is more important than what happens to me.

*You must have the same attitude that Christ Jesus had.*  
Philippians 2:5 (NLT)

**Jesus has shown us how to live and relate as a community that reflects Him.**

*<sup>34</sup> So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. <sup>35</sup> Your love for one another will prove to the world that you are my disciples.*

John 13:34-35 (NLT)

**Be humble** – putting the needs and interests of others above my own

*<sup>3</sup> Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. <sup>4</sup> Don't look out only for your own interests, but take an interest in others, too.*  
Philippians 2:3–4 (NLT)

*Love each other with genuine affection, and take delight in honoring each other.*  
Romans 12:10 (NLT)

**Be authentic** – living an open and honest life

*So get rid of all evil behavior. Be done with all deceit, hypocrisy, jealousy, and all unkind speech.*  
1 Peter 2:1 (NLT)

*<sup>15</sup> Instead, we will speak the truth in love, growing in every way more and more like Christ...<sup>25</sup> so stop telling lies. Let us tell our neighbors the truth, for we are all parts of the same body.*  
Ephesians 4:15, 25 (NLT)

**Be teachable** – giving and receiving biblical correction

*Wounds from a sincere friend are better than many kisses from an enemy.*  
Proverbs 27:6 (NLT)

*As iron sharpens iron, so a friend sharpens a friend.*  
Proverbs 27:17 (NLT)