

TAKE HOME SHEET



Series: Relationship Realities
Message: Move Over: The Root of Relationship Conflicts
Speaker: Rusty Coram
Date: April 18/19, 2020

After reviewing the message notes, and especially the Bible passages, answer the following:

What are some relationships in my life that are strong and healthy?

What has contributed to them being this way?

What are some relationships in my life right now that are not in good shape?

What has contributed to the problems?

When I read the list of attributes that God's Holy Spirit wants to build in my life (*love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control*), which ones would help me with the relationships I am currently struggling with?

This week, what are a couple of specific things God can help me do to...

...strengthen and support a good relationship?

...address a problem in a relationship that isn't going well?

⁵ Trust in the LORD with all your heart; do not depend on your own understanding. ⁶ Seek his will in all you do, and he will show you which path to take.

Proverbs 3:5-6 (NLT)

BIBLE TRANSLATIONS:
NLT – New Living Translation

MESSAGE NOTES



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God created you and me to have and enjoy close friendship with others.

⁹ Don't just pretend to love others. Really love them. Hate what is wrong. Hold tightly to what is good. ¹⁰ Love each other with genuine affection, and take delight in honoring each other.

Romans 12:9-10 (NLT)

When our relationships are messed up, it takes a heavy toll.

Research has shown a key variable that carries the most influence in healthy relationships.

In this series, we are going to uncover ways to unlock the potential of this one factor and discover the potential it has to transform our relationships.

This variable is simply me.

¹ What is causing the quarrels and fights among you? Don't they come from the evil desires at war within you? ² You want what you don't have, so you scheme and kill to get it. You are jealous of what others have, but you can't get it, so you fight and wage war to take it away from them. Yet you don't have what you want because you don't ask God for it. ³ And even when you ask, you don't get it because your motives are all wrong—you want only what will give you pleasure.

James 4:1-3 (NLT)

All of us, like sheep, have strayed away. We have left God's paths to follow our own.

Isaiah 53:6 (NLT)

All of us, like sheep, have strayed away. We have left God's paths to follow our own. Yet the LORD laid on him the sins of us all.

Isaiah 53:6 (NLT)

²² But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, and self-control. There is no law against these things!

Galatians 5:22-23 (NLT)