

## TAKE HOME SHEET



Series:LifehacksMessage:Growing SpirituallySpeaker:Rusty CoramDate:November 13, 2022

Take some time to read the following passage several times. If possible, read it out loud slowly.

<sup>9</sup> So we have not stopped praying for you since we first heard about you. We ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding. <sup>10</sup> Then the way you live will always honor and please the Lord, and your lives will produce every kind of good fruit. All the while, you will grow as you learn to know God better and better. <sup>11</sup> We also pray that you will be strengthened with all his glorious power so you will have all the endurance and patience you need. May you be filled with joy, <sup>12</sup> always thanking the Father. He has enabled you to share in the inheritance that belongs to his people, who live in the light. Colossians 1:9–12 (NLT) Ask God to help you build your life around the truths here:

To live so in all you do (big things and little) your aim is to honor and please God.

That you will show evidence (fruit) of God's character and values through your daily life.

That you will continue to grow closer in your understanding and friendship with God.

That you will experience God's power as you choose to obey Him.

That you will have ample patience to endure tough times and challenging people.

That you will experience real joy and gratitude to God for rescuing you and adopting you into His family.

**BIBLE TRANSLATIONS:** 

NLT – New Living Translation



## **MESSAGE NOTES**



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There is a type of "spirituality" that <u>looks</u> <u>authentic</u> but isn't.

These people honor me with their lips, but their hearts are far from me.

Matthew 15:8 (NLT)

Some evidence of spiritual shortcuts:

• Trying to sway God rather than obey Him

 Comparing <u>my life to others</u> rather than <u>to</u> <u>Jesus</u>

Seeking to <u>serve my interests</u> instead of <u>other's</u>

• Feeding on <u>emotion</u> rather than growing in <u>devotion</u>

## <u>All of us</u> can grow and become spiritually healthy.

<sup>28</sup> Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. <sup>29</sup> Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy to bear, and the burden I give you is light."

Matthew 11:28–30 (NLT)

Those who accept my commandments and obey them are the ones who love me. And because they love me, my Father will love them. And I will love them and reveal myself to each of them. John 14:21 (NLT)