

TAKE HOME SHEET



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**Series:** Hello! My Name Is...  
**Message:** Healer  
**Speaker:** Rusty Coram  
**Date:** July 24/25, 2021

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God wants to make us whole from the inside out. After reviewing the message notes and Bible passages, take some time to look at your life and how God wants to help. If we aren't careful, we can find ourselves putting most of our energy and effort into things that are not going to last and miss out on the things that will.

Below is a prayer that is used in Celebrate Recovery and AA that captures the perspective we should pursue. Take some time today to slowly read through it and make it yours.

**Prayer for Serenity**

by Reinhold Niebuhr

God, grant me the serenity  
to accept the things I cannot change,  
the courage to change the things I can,  
and the wisdom to know the difference.  
Living one day at a time,  
enjoying one moment at a time;  
accepting hardship as a pathway to peace;  
taking, as Jesus did,  
this sinful world as it is,  
not as I would have it;  
trusting that You will make all things right  
if I surrender to Your will;  
so that I may be reasonably happy in this life  
and supremely happy with You forever in the  
next.  
Amen.

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**BIBLE TRANSLATIONS:**

NIV – New International Version  
NLT – New Living Translation

MESSAGE NOTES



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**Physical health is important.**

<sup>19</sup> Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, <sup>20</sup> for God bought you with a high price. So you must honor God with your body.

1 Corinthians 6:19–20 (NLT)

Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.

1 Timothy 4:8 (NLT)

**God can and does heal physical illness, but the more urgent issue is healing us from our sin.**

<sup>3</sup> He was despised and rejected— a man of sorrows, acquainted with deepest grief. We turned our backs on him and looked the other way. He was despised, and we did not care. <sup>4</sup> Yet it was our weaknesses he carried; it was our sorrows that weighed him down. And we thought his troubles were a punishment from God, a punishment for his own sins! <sup>5</sup> But he was pierced for our rebellion, crushed for our sins. He was beaten so we could be whole. He was whipped so we could be healed. <sup>6</sup> All of us, like sheep, have strayed away. We have left God's paths to follow our own. Yet the Lord laid on him the sins of us all.

Isaiah 53:3–6 (NLT)

<sup>24</sup> He personally carried our sins in his body on the cross so that we can be dead to sin and live for what is right. By his wounds you are healed. <sup>25</sup> Once you were like sheep who wandered away. But now you have turned to your Shepherd, the Guardian of your souls.

1 Peter 2:24–25 (NLT)

**This side of heaven, physical healing is temporary.**

<sup>27</sup> And just as each person is destined to die once and after that comes judgment, <sup>28</sup> so also Christ was offered once for all time as a sacrifice to take away the sins of many people. He will come again, not to deal with our sins, but to bring salvation to all who are eagerly waiting for him.

Hebrews 9:27–28 (NLT)

He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. All these things are gone forever.

Revelation 21:4 (NLT)

**We are called to join God in helping others discover the fuller healing He offers...**

**...in His church**

...letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.

Romans 8:6 (NLT)

Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.

James 5:16 (NLT)

**...and to the watching world around us.**

<sup>14</sup> You are the light of the world. A city on a hill cannot be hidden. <sup>15</sup> Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. <sup>16</sup> In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.

Matthew 5:14–16 (NIV)

<sup>38</sup> And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. <sup>39</sup> No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.

Romans 8:38–39 (NLT)