

TAKE HOME SHEET



Series: Project Gratitude
Message: Thermostat vs Thermometer
Speaker: Rusty Coram
Date: November 21/22, 2020

Showing gratitude is a choice that carries tremendous benefits for us and others. Being thankful helps us see the good around us and strengthens our ability to walk through difficult times with faith and resolve. Expressing gratitude to others builds close relationships and creates an environment where everyone knows they are valued and loved. Take some time alone or with others, and come up with 5-10 ways you will show gratitude to others this week:

Ask God to help you think about some people in your sphere of influence that you can express gratitude to this week. Write their names:

Name

Face to Face / Call / Card /
Email / Letter / Direct
Message / Social Media
Post / Other

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BIBLE TRANSLATIONS:
 MSG – The Message
 NASB – New American Standard
 NIV – New International Version
 NLT – New Living Translation

MESSAGE NOTES



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Think of gratitude as a choice, not a feeling.

⁶ So then, just as you received Christ Jesus as Lord, continue to live in him, ⁷ rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

Colossians 2:6-7 (NIV)

¹⁶ Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts. ¹⁷ And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father.

Colossians 3:16-17 (NLT)

God designed us to thrive when we choose to adopt an attitude of gratitude.

⁸ And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. ⁹ Keep putting into practice all you learned and received from me— everything you heard from me and saw me doing. Then the God of peace will be with you.

Philippians 4:8-9 (NLT)

Gratitude changes the atmosphere wherever it is practiced.

When you see something...

Devote yourselves to prayer, keeping alert in it with an attitude of thanksgiving.

Colossians 4:2 (NASB)

Say something!

²⁴ Let us think of ways to motivate one another to acts of love and good works. ²⁵ And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.

Hebrews 10:24-25 (NLT)

So speak encouraging words to one another. Build up hope so you'll all be together in this, no one left out, no one left behind. I know you're already doing this; just keep on doing it.

1 Thessalonians 5:11 (MSG)