

TAKE HOME SHEET



Series: All the Feels
Message: Praise
Speaker: Rusty Coram
Date: July 28/29, 2018

Take a moment and consider what you consistently “praise”. What do you get excited about? What do you love reading and talking about in positive terms? What do you regularly look for in Google searches?

When it comes to our relationship with God, expressing praise and appreciation for Him and the value He brings to our life is critical to being spiritually fit. Below are some passages that remind us of how worthy God is of our praise, no matter what our circumstances are.

⁶ When we were utterly helpless, Christ came at just the right time and died for us sinners. ⁷ Now, most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good. ⁸ But God showed his great love for us by sending Christ to die for us while we were still sinners.

Romans 5:6-8 (NLT)

³ Once we, too, were foolish and disobedient. We were misled and became slaves to many lusts and pleasures. Our lives were full of evil and envy, and we hated each other. ⁴ But—“When God our Savior revealed his kindness and love, ⁵ he saved us, not because of the righteous things we had done, but because of his mercy. He washed away our sins, giving us a new birth and new life through the Holy Spirit. ⁶ He generously poured out the Spirit upon us through Jesus Christ our Savior. ⁷ Because of his grace he declared us righteous and gave us confidence that we will inherit eternal life.

Titus 3:3-7 (NLT)

¹ O LORD, you have examined my heart and know everything about me. ² You know when I sit down or stand up. You know my thoughts even when I’m far away. ³ You see me when I travel and when I rest at home. You know everything I do. ⁴ You know what I am going to say even before I say it, LORD. ⁵ You go before me and follow me. You place your hand of blessing on my head. ⁶ Such knowledge is too wonderful for me, too great for me to understand!

Psalms 139:1-6 (NLT)

*I will sing of the LORD’s unfailing love forever!
Young and old will hear of your faithfulness.*

² Your unfailing love will last forever. Your faithfulness is as enduring as the heavens.

Psalms 89:1-2 (NLT)

²² The faithful love of the LORD never ends! His mercies never cease. ²³ Great is his faithfulness; his mercies begin afresh each morning.

Lamentations 3:22-23 (NLT)

MESSAGE NOTES



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praise - to proclaim the value or worth of someone or something

What we really value receives our attention and our praise.

¹¹ As Jesus continued on toward Jerusalem, he reached the border between Galilee and Samaria. ¹² As he entered a village there, ten lepers stood at a distance, ¹³ crying out, “Jesus, Master, have mercy on us!” ¹⁴ He looked at them and said, “Go show yourselves to the priests.” And as they went, they were cleansed of their leprosy. ¹⁵ One of them, when he saw that he was healed, came back to Jesus, shouting, “Praise God!” ¹⁶ He fell to the ground at Jesus’ feet, thanking him for what he had done. This man was a Samaritan. ¹⁷ Jesus asked, “Didn’t I heal ten men? Where are the other nine? ¹⁸ Has no one returned to give glory to God except this foreigner?” ¹⁹ And Jesus said to the man, “Stand up and go. Your faith has healed you.”

Luke 17:11-19 (NLT)

Praise of convenience is fueled by my circumstances.

Praise of conviction is fueled by true faith.

Jesus replied, “You hypocrites! Isaiah was right when he prophesied about you, for he wrote, ‘These people honor me with their lips, but their hearts are far from me.’”

Mark 7:6 (NLT)

I will tell of the LORD’s unfailing love. I will praise the LORD for all he has done. I will rejoice in his great goodness to Israel, which he has granted according to his mercy and love.

Isaiah 63:7 (NLT)

¹¹ Don’t toss me aside, banished forever from your presence. Don’t take your Holy Spirit from me. ¹² Restore to me again the joy of your salvation, and make me willing to obey you. ¹³ Then I will teach your ways to other sinners, and they—guilty like me—will repent and return to you. ¹⁴⁻¹⁵ Don’t sentence me to death. O my God, you alone can rescue me. Then I will sing of your forgiveness, for my lips will be unsealed—oh, how I will praise you. ¹⁶ You don’t want penance; if you did, how gladly I would do it! You aren’t interested in offerings burned before you on the altar. ¹⁷ It is a broken spirit you want—remorse and penitence. A broken and a contrite heart, O God, you will not ignore.

Psalms 51:11-17 (TLB)

Practicing praise strengthens our faith “muscles”.

Go to newhope.org and click on messages to download this week’s Take Home Sheet or stop by Guest Services to pick one up.

BIBLE TRANSLATIONS:

NLT – New Living Translation

TLB – The Living Bible



Emotions: we all have them. They are fun, messy, confusing, exhilarating and sometimes all at the same time! Like anything that powerful, emotions can have a positive or negative effect on us. What makes the difference is learning to understand our feelings and how to control them for good. In this series, we will explore time-tested wisdom from the Bible that will help us see how our emotions can work for us and not against us.

This week- Praise: Praise is an emotional response to things we're passionate about. It's natural to feel that way about people we admire, accomplishments we achieve, and even possessions we acquire. The Bible teaches us how to prioritize the things we treasure - especially in relation to our Savior who deserves the best of our praise.

FIRST TIME GUESTS

We promise we're not going to make you stand up in front of everyone or track you down, but we'd love to know you were here today! Simply fill out your communication card in the seat back in front of you and check the "First Time Guest" box. On your way out, stop by Guest Services at the front doors and get your FREE welcome gift. **We're glad you are here!**

**WE'RE
SO GLAD
YOU JOINED
US TODAY!**

newhope
church

We are honored when people choose to do church with us. New Hope is for anyone who wants to seek God - from those exploring whether or not God even exists, to devoted Christ-followers. Wherever you are, you'll find we are committed to showing everyone the love of Jesus and help them establish a relationship with Him. We are casual, laid-back, and far from perfect. **ALL are welcome!**

5 THINGS TO KNOW

Each week, we will post "5 Things to Know" for the week. This will typically include classes, info, and upcoming events. We will also give you dates to save as early as possible, so that you can get them on your calendar and be able to plan for them. Be sure to check out the entire program and visit newhope.org for everything. Here are five things to know this week:

1. **Save the Date— August 25th.** Join us for a free family movie night sponsored by the Men's Ministry. We will have hot dogs, popcorn and candy while we enjoy a family-friendly movie!
2. Life can be tough, but you don't have to go through it alone. We want to remind you of two ministries that can help you as you navigate the tough times: For those 18 years old and older, we have **Celebrate Recovery (CR)**. CR meets Friday nights at 7 pm. You can reach out to CR at celebraterecovery@newhope.org. For students in middle and high school, we have **The Landing**. The Landing meets every Tuesday night at 7 pm. Reach The Landing at info@thingscansuck.com.
3. **Family Bingo Night Fundraiser for FMSC Thursday, August 2nd at 6:30 pm.** Register now at bit.ly/bingonight2018. Along with a fun night of Bingo, we will have a variety of raffle baskets. All proceeds help to fund our work with Feed My Starving Children. **Want to highlight your home-based business or show off your creative talent?** Why not donate a basket for the raffle? Please let us know by signing up at bit.ly/bingorafflebaskets.
4. **We are gearing up for our sixth annual Hope for Help 5K on Saturday, October 20th and want you to be involved!** All the proceeds from this event go toward helping to fund Feed My Starving Children (fmsc.org) events! Go to hopeforhelp5k.com to **REGISTER TO PARTICIPATE OR VOLUNTEER** for the Hope for Help 5K and/or Kids' Mini Color Fun Run. Be sure to **INVITE** your family, friends, co-workers, neighbors, mail delivery person, lawn service provider, grocery store check-out person, barista...and **SPONSOR** the race! 100% of the money that comes from sponsors will be used to support our efforts with Feed My Starving Children.
5. **Final Opportunity! Hey students and parents of students, don't forget about our outreach opportunity!** Most people are not aware that some of the overlooked needs for homeless men and women are underwear, undershirts, and socks. These are all items we take for granted everyday, while some desperately need their own. Be a part of this cause and bring new underwear, undershirts, and socks for men and women to Takeover this Sunday, July 29th to donate to Central Union Mission in DC.

PROVIDING HOPE ONE MEAL AT A TIME!



One of our boxes from 2018 Food Fight was spotted at a food distribution center in **El Salvador!** We love seeing the food we have packed with Feed My Starving Children make it into the hands of those in need. What an amazing thing to think about – such a small investment of time here in Virginia making a huge impact on people thousands of miles away.

Our team that has been in **Uganda** the last two weeks got to see FMSC meals being used at Smile Africa, an orphanage run by an amazing woman named Pastor Ruth. Over 300 kids come to Smile Africa each day for the one meal they get to eat a day. The FMSC meals sustain them and gets them healthy.

Every quarter that we give provides a meal for someone in need. Someone we may never meet in person, but someone whose life will forever be connected with ours through this simple act. **Thank you for your generosity in supporting the now 13 million meals that have been packed by New Hope Church!**

We have lots of great events planned this fall to help with raising the final funds for our 2018 Food Fight event. **Watch your program and email for more info on the fun, like the Family Bingo Night Fundraiser for FMSC Thursday, August 2nd, at 6:30 pm. You can register online today at bit.ly/bingonight2018.**

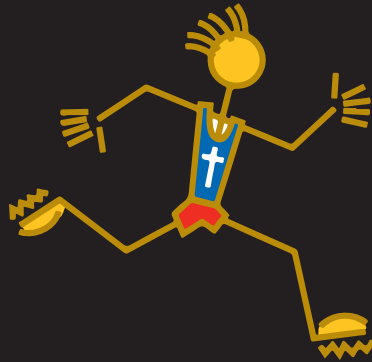
If you would like to make a tax-deductible donation, please go online to bit.ly/fmscdonation.

WE ♥ OUR VOLUNTEERS

Our volunteers are the very best! There's no way we could keep New Hope running without the help of these special people. **This week, we'd like to thank Tish Keith.** Tish serves on the Check-in Team in Children's Ministry. Thanks, Tish, for all you do to invest in others!

There are many opportunities to serve at New Hope. **We NEED you! If you are ready to serve, please email Carol Ann and let her know at carolann.gregoire@newhope.org.**

RUN
FOR
GOD



We're getting ready for our Hope for Help 5K on October 20th, and we're hosting a 12-week couch to 5K challenge called Run for God. This co-ed group will meet at NH on Mondays at 7 pm, beginning July 30th, led by Tish Keith and Monica Hazelwood. **Register now at bit.ly/RunforGodNHC.** Questions? Contact kim.feld@newhope.org

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