

TAKE HOME SHEET



Series: Top 10
Message: Don't Commit Adultery
Speaker: Rusty Coram
Date: June 18, 2023

⁹ The human heart is the most deceitful of all things, and desperately wicked. Who really knows how bad it is? ¹⁰ But I, the Lord, search all hearts and examine secret motives. I give all people their due rewards, according to what their actions deserve.

Jeremiah 17:9–10 (NLT)

Jesus explained the meaning of what Jeremiah said by addressing those who were satisfied with just outward appearances...

¹⁰ Then Jesus called to the crowd to come and hear. "Listen," he said, "and try to understand. ¹¹ It's not what goes into your mouth that defiles you; you are defiled by the words that come out of your mouth." ¹² Then the disciples came to him and asked, "Do you realize you offended the Pharisees by what you just said?" ¹³ Jesus replied, "Every plant not planted by my heavenly Father will be uprooted, ¹⁴ so ignore them. They are blind guides leading the blind, and if one blind person guides another, they will both fall into a ditch."

¹⁵ Then Peter said to Jesus, "Explain to us the parable that says people aren't defiled by what they eat." ¹⁶ "Don't you understand yet?" Jesus asked. ¹⁷ "Anything you eat passes through the

stomach and then goes into the sewer. ¹⁸ But the words you speak come from the heart—that's what defiles you. ¹⁹ For from the heart come evil thoughts, murder, adultery, all sexual immorality, theft, lying, and slander. ²⁰ These are what defile you. Eating with unwashed hands will never defile you."

Matthew 15:10–20 (NLT)

Look back over the message notes in light of what Jesus is saying.

What stands out to you as most important?

What do you think God wants you to address in your life from what you've heard?

What will you do this week to be more faithful?

Resources

For marriage:

[Loving Your Spouse When You Feel Like Walking Away](#) – Gary Chapman

For dealing with pornography:

[Wired for Intimacy](#) – William Struthers

Also, New Hope has two ministries that can help

Celebrate Recovery for adults and ***The Landing*** for middle and high school students

BIBLE TRANSLATIONS:

GNB – Good News Bible

NLT – New Living Translation

MESSAGE NOTES



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The Ten Commandments are a gift from God to guide and protect our relationship with Him and each other.

The seventh commandment seems fairly straightforward...

You must not commit adultery.
Exodus 20:14 (NLT)

adultery (def): voluntary sexual intimacy between a married person and someone other than their mate (Merriam Webster)

Keep in mind, that rather than merely restrict, God's intent is to protect us.

As we have seen with other commandments, Jesus takes things further to get to the heart of the matter.

²⁷ You have heard the commandment that says, 'You must not commit adultery.'²⁸ But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.

Matthew 5:27–28 (NLT)

The key to understanding God's standard is faithfulness.

Faithfulness in marriage is more than outward compliance. It is inner commitment.

Adultery in marriage can include fantasy and pornography.

There is another aspect of adultery, too – cheating on God.

⁴ You adulterers! Don't you realize that friendship with the world makes you an enemy of God? I say it again: If you want to be a friend of the world, you make yourself an enemy of God. ⁵ Do you think the Scriptures have no meaning? They say that God is passionate that the spirit he has placed within us should be faithful to him. ⁶ And he gives grace generously. As the Scriptures say, "God opposes the proud but gives grace to the humble."

James 4:4–6 (NLT)

There is some very good news. God is able and willing to forgive and restore!

⁸ If we say that we have no sin, we deceive ourselves, and there is no truth in us. ⁹ But if we confess our sins to God, he will keep his promise and do what is right: he will forgive us our sins and purify us from all our wrongdoing.

1 John 1:8–9 (GNB)