

TAKE HOME SHEET



Series: On the Couch
Message: WandaVision
Speaker: Kim Feld/Jim Morgans
Date: August 29, 2021

This week, we used the Disney+ miniseries, *WandaVision*, to discuss the difficult topic of grief. Although grief is something most of us have dealt with on some level, does the Bible have anything to say about it? Is God present or absent in our grieving? Can we trust God with our unanswered questions?

Spend some time praying through these scriptures that reveal God's heart toward us in our grief.

1. The prophet Isaiah had this to say about the coming Messiah, Jesus. Our Savior understands grief:

He was despised and rejected—a man of sorrows, acquainted with deepest grief. We turned our backs on him and looked the other way. He was despised, and we did not care.
Isaiah 53:3 (NLT)

2. Jesus is close to us in our grief:

The Lord is close to the brokenhearted; he rescues those whose spirits are crushed.
Psalm 34:18 (NLT)

3. God promises to strengthen us when we look to Him:

Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.
Isaiah 41:10 (NLT)

4. God gives us comfort in our grief and makes a way for us to help others:

³ All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. ⁴ He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.
2 Corinthians 1:3-4 (NLT)

Resources for further study:

The fall session of GriefShare is beginning September 16th. For more information, contact Jim Morgans at jim.morgans@newhope.org

Grieving with Hope: Finding Comfort as You Journey Through Loss by Samuel J. Hodges, IV.
Available through Amazon.com

BIBLE TRANSLATIONS:

ASV – American Standard Version
NIV – New International Version
NLT – New Living Translation

MESSAGE NOTES



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What is grief?

⁶ I am worn out from sobbing. ⁷ All night I flood my bed with weeping, drenching it with my tears. My vision is blurred by grief.

Psalm 6:6-7 (NLT)

Grief is a tangled ball of emotions; it's not orderly or predictable.

How do you work through grief?

Without love, there is no grief. The only way to avoid grief is to never love. But you don't have to walk through the grief journey alone.

Yea, though I walk through the valley of the shadow of death, I will fear no evil; for thou art with me; Thy rod and thy staff, they comfort me.
Psalm 23: 4 (ASV)

Does grief ever end?

Peace is found through surrender.
Peace and pain can and do coexist.

You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed.
Psalm 139:16 (NLT)

¹ Then I saw a new heaven and a new earth....
³ And I heard a loud voice from the throne saying, "Look! God's dwelling place is now among the people, and he will dwell with them. They will be his people, and God himself will be with them and be their God. ⁴ 'He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away. ⁵ He who was seated on the throne said, "I am making everything new!" Then he said, "Write this down, for these words are trustworthy and true."
Revelation 21:1,3-5 (NIV)