

Spiritual Gym – Worship Pt. 2

LIFE GROUP QUESTIONS



Key Verse: 1 Timothy 4:7 - Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly.

1. In this series we've been discussing the need for self-discipline regarding our individual spiritual growth. What have you implemented from this series in your life?

2. What are your thoughts on this quote from Matthew Henry: "Public worship will not excuse us from secret worship." How is it possible to worship God publicly once a week when we do not worship privately throughout the week...isn't it because we do not worship well in private that our corporate worship experience often dissatisfies us?"

3. Pastor Chris shared that we all experience spiritual dry times in our lives, and that's where we discover if we are true worshippers. If you can, please share about a time where you were in a dry season of life and made the choice to worship.

4. Donald Whitney: "It reminds me of the way we often treat God in worship. Though we come in to an event where He is the Guest of Honor, it is possible to give Him a routine gift, sing a few customary songs to Him, and then totally neglect Him while we focus on others and enjoy the performance of those in front of us. Like my ten-year-old friends, we may leave without any twinge of conscience, without any awareness of our insensitivity, convinced that we have fulfilled an obligation well."

Please discuss this sentiment as a Life Group.