



Key Verse: Gal. 5:22-23 – But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

1. The sermon mentioned three aspects of peace: peace with God, peace of God, and peace with one another. Which of these do you find most challenging in your own life and why do you think that is?

2. How have you experienced God's peace in difficult circumstances? Share an example.

3. Do you consider yourself to be more of a "there you are!" person, or a "here I am!" person? Tell the group about someone who has been a "there you are!" person to you, and what impact it had on you.

4. Reflecting on St. Francis of Assisi's prayer (shown on the next page), which aspect of being an 'instrument of peace' challenges you the most and why?

Prayer by St Francis of Assisi:

Lord, make me an instrument of thy peace;
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.

Divine Master, grant that I may not so much seek to be consoled as to console;
to be understood, as to understand;
to be loved, as to love.

For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen.