

Fruit of the Spirit – Self-Control

LIFE GROUP QUESTIONS



Key Verse: Gal. 5:22-23 – But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

1. What was your main take away from this Sundays sermon?

2. Pastor Chris describes self-control as making a conscious decision first, then God's grace kicks in. Can you share a time when you experienced this dynamic in your own life?

3. Understanding that all nine fruit of the Spirit should be growing together in our lives, which fruit do you tend to neglect, and how might that be affecting your witness to others?

4. In which area of your life do you need to exercise more self-control?
