

Spiritual Gym – Service

LIFE GROUP QUESTIONS



Key Verse: 1 Timothy 4:7-10 - ⁷ Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly. ⁸ For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come. ⁹ This is a trustworthy saying that deserves full acceptance. ¹⁰ That is why we labor and strive, because we have put our hope in the living God, who is the Savior of all people, and especially of those who believe.

1. What was the most significant thing that stood out to you about service in the Spiritual Gym?

2. What is the significance of Jesus washing the feet of His disciples in John 13:14-17, and how can we apply this to our own lives?

3. Marc talked about becoming spiritual leeches by choosing to sit on the sidelines. What have you done, or are in the process of doing, to get in the game and serve?

4. How can serving change and develop individuals, and how does this prepare you for what is next?
