

Breathing Room – Keeping Your Tank Full

LIFE GROUP QUESTIONS



Key Verse: Matthew 11:28-30 (Please read as a group)

1. The five reasons we run out of gas are:

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| Not starting out with a full tank. | Being too busy to pause & refuel. |
| Unaware of hidden leaks. | Ignoring the owner’s manual. |
| Being overloaded. | |

Which of these five is the biggest for you in your life?

2. The four steps to keeping your tank full are:

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| Get fed up. | Come to Jesus. |
| Give up control. | Learn from Me. |

Which of these four is the one you need to focus on the most?

3. John 6:37 – “Whoever comes to me, I will never reject.” Who does the understanding of this scripture challenge you to love and accept others?

4. Galatians 5:25 – “Since we live by the Spirit, let us keep in step with the Spirit.” How do you “keep in step” with the Spirit in your daily life?
