

# Jesus Is: Our Gratitude

## LIFE GROUP QUESTIONS



**Key Verse:** Matthew 14:15-21 (read through individually & as a group)

1. Our challenges from this message were 1) *Express your gratitude in worship*, 2) *Express your gratitude in word*, and 3) *Express your gratitude in action and attitude*.

Which of these challenges will be the hardest for you, and what steps are you going to take to begin growing in these areas of gratitude?

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2. Colossians 2:6-7 says that a life rooted and built up in Jesus, and established in faith, will “abound” in thanksgiving. On the scale of “overflowing,” with thanksgiving and gratitude at one end, and grumbling, complaining, and cynicism at the other, where do you find yourself? What (if anything) would you like to change?

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3. “When you want to grow a tree of joy in your life, the seed you plant is gratefulness.” Do you see evidence of the tree of joy growing in your life? How have you been watering the seed of gratefulness, or do you believe you need to begin planting that seed?

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4. When Jesus needed food for the 5000, he started by looking toward heaven, and then immediately giving thanks. When you have a sudden or urgent need, what is your first reaction? Are you in the habit of expressing gratefulness “because” you have enough, or “before” you have enough?

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