

**The greatest battle you will ever face
is between your ears.**

Romans 12:2 – Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.

1. Realize the impact of your thoughts.

- Who you **become** and where you **go**.

Proverbs 23:7a (NASB) – For as he thinks within himself, so he is.

Proverbs 4:23 (CEV) – Carefully guard your thoughts because they are the source of true life.

- Whether you live to **please yourself or God**.

Romans 7:22-23 – I love God’s law with all my heart. But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me.

- Your ability to live with **hope, joy, and peace**.

Psalms 143:4-5 – I am losing all hope; I am paralyzed with fear. I remember the days of old. I ponder all your great works and think about what you have done.

2. Change the focus of your thoughts.

“CHANGE THE STATION”

- Focus on **talking** with God.

Philippians 4:4, 6-7 – Always be full of joy in the Lord. I say it again—rejoice! Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

- Focus on the **truth** of God.

Philippians 4:8a – And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable.

- Focus on the **praise** of God.

Philippians 4:8b-9 – Think about things that are excellent and worthy of praise. Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you.

Coming soon:

1. **Kids’ Super Week: All-the-Days:** Today is the last day to register your child for Kids’ Super Week June 25-28: danriverchurch.org/super.
2. **Tech Team Appreciation Luncheon:** If you currently serve or are interested in serving on our Tech Team, join us on June 30 at 12:15pm. Your family is invited, too! Sign up at the Connect Center or at danriverchurch.org/techlunch.
3. **Baptism Sunday:** Baptism is how we show others our faith and commitment to Jesus Christ. It is our first step of following Jesus. If you have never gone public with your decision to follow Jesus, sign up at the Connect Center today. Our next Baptism Sunday is June 30.
4. **Student Summer Getaway:** Students who have completed 6th-12th grade, be sure to sign up for our Student Summer Getaway July 14-17. Register today at danriverchurch.org/getaway.