# "I DON'T UNDERSTAND"

**John 14:27** – I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.

#### Peace in the chaos:

### 1. Resolve your conflicts.

- Philippians 4:2-5 Now I appeal to Euodia and Syntyche. Please, because you belong to the Lord, settle your disagreement. And I ask you, my true partner, to help these two women, for they worked hard with me in telling others the Good News. They worked along with Clement and the rest of my co-workers, whose names are written in the Book of Life. Always be full of joy in the Lord. I say it again—rejoice! Let everyone see that you are considerate in all you do. Remember, the Lord is coming soon.
  - Don't confuse minor issues with major ones.
  - Take the <u>first step</u>.
  - Quickly <u>forgive</u>.
  - Speak with love and grace.
  - Remember, you're <u>teammates</u>.

### 2. Release your worries.

- Philippians 4:6-7 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.
  - Talk daily with God.
  - Stop trying to <u>control</u> outcomes.

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### 3. Renew your thoughts.

- Philippians 4:8-9 And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you.
  - Rehearse the truth.
  - Get in the habit of <u>praise</u>.

## Coming soon:

- Young Adult Luncheon: If you are 18-30 years old, we invite you to a special luncheon next Sunday, July 27, after the 10:45 am service. We want to help you connect with friends who will walk alongside you in this often difficult season of life.
- 2. Back-to-School Blessing Bags: As another school year approaches, we would like to bless the teachers and school staff who are part of DRC with the supplies they need. DRC teachers or school staff who sign up will receive one bag to keep and one bag to give to a colleague. Stop by the display on Main Street for more information.
- Baptism Sunday: If you are ready to go public with your faith in Jesus, we would love for you to be part of our baptisms next Sunday, July 27, to make known your personal decision to follow Christ. Sign up at the Connect Center.
- 4. Living Life Upside Down: Join us next Sunday, July 27, for the conclusion of our series on Philippians. We all struggle at times with being satisfied with what we have. Don't miss Paul's secret to being content in every moment of life. Invite your friends.