

# BUSY DOING WHAT?

Luke 10:38–42 – As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed him into her home. Her sister, Mary, sat at the Lord’s feet, listening to what he taught. But Martha was distracted by the big dinner she was preparing. She came to Jesus and said, “Lord, doesn’t it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me.” But the Lord said to her, “My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her.”

What Jesus says about busyness:

1. The busier I am, the more distracted I will be.

- “Busyness is drawing the mind in different directions.” – Craig Groeschel

2. The busier I am, the more anxiety I will have.

- “Our anxiety does not empty tomorrow of its sorrows but only empties today of its strength.” – Charles Spurgeon

3. The busier I am, the more frustrated I will get.

- “Frustration is the gap between what you expected and what you experienced.” – Andy Stanley

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The solution to busyness:

1. Make Jesus your first priority.

- Isaiah 26:9a – In the night I search for you; in the morning I earnestly seek you.

2. Cultivate your relationships.

- Proverbs 27:17 (ESV) – Iron sharpens iron, and one man sharpens another.

3. Learn to rest.

- Psalm 127:2 – It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to his loved ones.

4. Don't be afraid to say no.

- “Not everything that comes from heaven has my name on it.” – Jim Elliot (missionary)

Coming soon:

1. **Connect:** Use the QR code to connect with DRC!

2. **Family Water Night:** Mark your calendars for Family Water Night on Friday, July 10—inflatable water slides, hot dogs, ice cream, and more! A FREE event for the whole family!

3. **Baptism:** If you are ready to go public with your faith, sign up for our next baptisms on June 28 during both services. Use the QR code to sign up today.

4. **Close Encounters:** Join us next Sunday as we continue our current series. If you or someone you know is going through a difficult season, don't miss what Jesus has to say and the miracle Jesus wants to do.

