



"As I walked out of the door towards the gate that would lead to my freedom, I knew if I didn't leave my bitterness and hatred behind, I'd still be in prison."

Nelson Mandela

### To forgive is to set the prisoner free, and discover, you were the prisoner.

Louis Smedes

### Forgiving God

### Forgiving God

### Forgiving Others

#### Forgiving God

Forgiving Others

Forgiving Ourselves

### Regrets

#### We are all sinners who sin.

#### Sin doesn't in sizes.

### You can't sin without harming you and harming those around you.

## There is no sin God isn't capable of forgiving or willing to forgive.

There's not a single one of your sins greater than another sin, and none of your sins are greater than God's grace.

A vague, undefined heaviness that presses on our spirit, dampens our gratitude for the goodness of life, and slackens the free flow of joy. Guilt/shame seeps into and discolors all our other feelings, primarily about ourselves, but about almost everyone and everything else in our live as well.

#### Louis Smedes

#### Simon Peter

... "You are Simon son of John. You will be called Cephas" (which, when translated, is Peter).

"Come, follow me," Jesus said, "and I will send you out to fish for people." At once they left their nets and followed him. And immediately they left the boat and their father and followed him.

From then on Jesus began to tell his disciples plainly that it was necessary for him to go to Jerusalem, and that he would suffer many terrible things at the hands of the elders,

the leading priests, and the teachers of religious law. He would be killed, but on the third day he would be raised from the dead.

But Peter took him aside and began to reprimand him for saying such things. "Heaven forbid, Lord," he said. "This will never happen to you!"

Jesus turned to Peter and said. "Get away from me, Satan! You are a dangerous trap to me. You are seeing things merely from a human point of view, not from God's."

Peter asked, "Lord, why can't I follow you now? I will lay down my life for you."

Then Jesus answered, "Will you really lay down your life for me? Very truly I tell you, before the rooster crows, you will disown me three times!

Peter declared, "Even if everyone else deserts you, I will never desert you."

Jesus replied, "I tell you the truth, Peter—this very night, before the rooster crows, you will deny three times that you even know me."

"No!" Peter insisted. "Even if I have to die with you, I will never deny you!" And all the other disciples vowed the same.

Then Simon Peter drew a sword and slashed off the right ear of Malchus, the high priest's slave.

...Just as he was speaking, the rooster crowed.

The Lord turned and looked straight at Peter. Then Peter remembered the word the Lord had spoken to him: "Before the rooster crows today, you will disown me three times."

### And he went outside and wept bitterly.

#### Have you ever been there?

### Everything felt hopelessly irreparable, and utterly final.

But go, tell his disciples and Peter, 'He is going ahead of you into Galilee. There you will see him, just as he told you."

### God will not remove our regrets but He will redeem our regrets.

## While Peter was regretting his sin, Jesus was paying for his sin.

# Nothing felt final. Nothing felt irreparable. Nothing felt hopeless.

Jesus died for the sin which became your regret.... so don't hold on to what Jesus died to take away.