



THRIVE THRIVE

6 Keys to T.H.R.I.V.E.

Pastor Jeremy McGarity

2021 Skyline Church Word of the Year: **THRIVE**

"I have come that you might have life and have it more abundantly."

JOHN 10:10 | NASB

6 Keys to THRIVE in 2021

T **otal** **commitment**

H **ave** **a** **quiet** **time**

R **emember** **to** **rejoice**

I **ncrease** **your** **faith**

V **alue** **the** **church** **family**

E **xpect** **the** **best**

"For as he thinks in his heart, so is he ..."

PROVERBS 23:7 | NKJV

"I rejoice, yes, and I will continue to rejoice."

PHILIPPIANS 1:18 | NIV

How to Heal Your Cynicism

1 Heal your past wounds .

- a. Ask forgiveness from those you have hurt.

"If you enter your place of worship and ... you suddenly remember a grudge a friend has against you ... leave immediately, go to this friend and make things right. Then and only then, come back and work things out with God."

MATTHEW 5:23-25 | MSG

- b. Offer forgiveness to those who have hurt you.

"For if you forgive other people when they sin against you, your heavenly Father will also forgive you."

MATTHEW 6:14 | NIV

2 Refuse to see yourself as a victim .

- See 2 Corinthians 11:15 - 12:10

"(I was given a thorn in my flesh, I asked the Lord to take away the pain) ... But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong."

2 CORINTHIANS 12:9-10 | NIV

3 Practice gratitude .

"Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus."

1 THESSALONIANS 5:16-18 | NLT

Small Group Questions

- 1** Share one thing that stood out to you in this week's sermon and why?
- 2** Is it harder for you to ask forgiveness from those you have hurt or offer forgiveness to those who have hurt you? How is God empowering you to overcome this?
- 3** Read 2 Corinthians 12:9-10 as a group. The apostle Paul dealt with many hardships, yet he never saw himself as a victim. Explain how these verses offer you hope to overcome the trials you may face in the future.
- 4** How can we be praying for you this week?