



## **Keep it 100 | Real Talk from James** Pastor Troy Martin

*"James, a servant of God and of the Lord Jesus Christ,  
to the twelve tribes scattered among the nations: Greetings."*

JAMES 1:1 | NIV

### **REAL ANSWERS FOR TRIALS**

*"Consider it pure joy, my brothers and sisters, whenever you  
face trials of many kinds, because you know that the  
testing of your faith produces perseverance."*

JAMES 1:2-3 | NIV

#### **1. GOD WANTS TO USE TRIALS TO GROW US.**

- GET GOD'S **PERSPECTIVE**.
- TRUST GOD'S **PROCESS**.

*"Let perseverance finish its work so that you may  
be mature and complete, not lacking anything."*

JAMES 1:4 | NIV

#### **2. WE CAN USE TRIALS TO DRAW CLOSER TO GOD.**

*"God whispers to us in our pleasures, speaks in  
our conscience, but shout in our pain: it is His  
megaphone to rouse a deaf world."*

C.S. LEWIS

- ASK FOR HIS **HELP**.

*"If any of you lacks wisdom, you should ask God, who gives  
generously to all without finding fault, and it will be given to you."*

JAMES 1:5 | NIV

- STAND FIRM IN **FAITH**.

*"But when you ask, you must believe and not doubt, because the one  
who doubts is like a wave of the sea, blown and tossed by the wind.  
That person should not expect to receive anything from the Lord.  
Such a person is double-minded and unstable in all they do."*

JAMES 1:6-8 | NIV

# SMALL GROUP QUESTIONS

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1. What stood out most from the sermon this Sunday?
2. **Have you ever set a big goal for yourself (ie..run a marathon, climb a mountain, weight loss, etc.)? How did your perseverance grow through your training?** Share a short story of a goal you set and the lessons you learned through the process.
3. As a group, read James 1:5-8. **What kind of "doubting" does James have in mind in verses 5-8? Why is someone who doubts "double-minded" and "unstable in all he does?"**
4. **How can we be praying for you this week?**