



THRIVE THRIVE

The Keys to *Thriving* in Prayer

Pastor Jeremy McGarity

2021 Skyline Church Word of the Year: **THRIVE**

"I have come that you might have life and have it more abundantly."

JOHN 10:10 | NASB

T **otal** **commitment**
H **ave** **a** **quiet** **time**
R **emember** **to** **rejoice**
I **ncrease** **your** **faith**
V **alue** **the** **church** **family**
E **xpect** **the** **best**

How to Thrive in Prayer

John 15:1-7

"I am the true grapevine, and my Father is the gardener.

He cuts off every branch of mine that doesn't produce fruit, and he prunes the branches that do bear fruit so they will produce even more.

You have already been pruned and purified by the message I have given you.

Remain in me, and I will remain in you. For a branch cannot produce fruit if it is severed from the vine, and you cannot be fruitful unless you remain in me.

Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing.

Anyone who does not remain in me is thrown away like a useless branch and withers. Such branches are gathered into a pile to be burned.

But if you remain in me and my words remain in you, you may ask for anything you want, and it will be granted!"

JOHN 15:1-7 | NLT

1 Start your day with a team meeting.

"Commit your actions to the LORD, and your plans will succeed."

PROVERBS 16:3 | NLT

2 Strive for consistency over intensity.

"Pray continually."

1 THESSALONIANS 5:17 | NIV

"And when you fast, don't make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get.

But when you fast, comb your hair and wash your face. Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you."

MATTHEW 6:16-18 | NLT

3 Follow a prayer pattern.

"LORD, my heart is not proud; my eyes are not haughty. I don't concern myself with matters too great or too awesome for me to grasp. Instead, I have calmed and quieted myself ..."

PSALM 131:1-2 | NLT

A duration .

- *Pray the Psalms; Psalms 100:2-3a*

C onfession .

- *1 John 1:8-9*

T hanksgiving .

- *Philippians 4:6*

S upplication .

- *James 4:2*

Small Group Questions

ICEBREAKER QUESTION: If you could be famous, what would you want to be famous for and why?

- 1** Share one thing that stood out to you in this week's sermon and why?
- 2** Share a time in your life that you prayed for something and you experienced God answer that prayer.
- 3** Do you have a regular prayer time right now? Why do you feel prayer might be important in your life?
- 4** As a group, go through the "ACTS" format of prayer. **Why do you think Pastor Jeremy would encourage us to use the "ACTS" format for our personal prayer time?**
- 5** How can we be praying for you this week?