
July 12, 2020



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FORGIVENESS PT.2

I. WHY SHOULD I FORGIVE?

1. BECAUSE GOD **HAS FORGIVEN ME.**

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

EPH. 4:32 | NIV

2. BECAUSE **RESENTMENT** CAUSES MORE PAIN

"To worry yourself to death with resentment would be a foolish, senseless thing to do."

JOB 5:2 | GN

"You are only hurting yourself with your anger!" JOB 18:4 | GN

"Some men stay healthy until the day they die... others have no happiness at all; they live and die with bitter hearts."

JOB 21:23-25 | GN

3. BECAUSE **I WILL NEED**

"For if you forgive other people when they sin against you, your heavenly Father will also forgive you.

But if you do not forgive others their sins, your Father will not forgive your sins."

MATT. 6:14-15 | NIV

***WE CANNOT RECEIVE WHAT WE ARE UNWILLING TO GIVE**

FORGIVENESS IS NOT...

... MINIMIZING THE SERIOUSNESS OF THE OFFENSE

... INSTANT RESTORATION OF TRUST

... RESUMING THE RELATIONSHIP WITHOUT ANY CHANGES

THE REQUIRED CHANGES ARE:

1. GENUINE REPENTANCE

2. RESTITUTION WHERE POSSIBLE

3. REBUILDING OF TRUST OVER A PERIOD OF TIME

WE MUST LEARN TO SABBATH.

"God saw all that he had made, and it was very good.

And there was evening, and there was morning—the sixth day."

GENESIS 1:31 | NIV

"Thus the heavens and the earth were completed in all their vast array.

By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work.

Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done."

GENESIS 2:1-3 | NIV

II. HOW SHOULD I FORGIVE?

1. RECOGNIZE WE'RE ALL IMPERFECT

"Not a single person on earth is always good and never sins."

ECCL. 7:20 | NIV

2. GIVE UP MY RIGHT TO GET EVEN

"Don't take it on yourself to repay a wrong. Trust the Lord and he will make it right."

LUKE 10:38-42 | LB

"... Never avenge yourselves. Leave that to God, for he has said that he will repay those who deserve it."

ROM. 12:19 | LB

3. DEAL WITH IT **IMMEDIATELY**

"...don't sin by nursing your grudge. Don't let the sun go down with you still angry--get over it quickly."

EPHESIANS 4:26 | LB

*** FOUR OPTIONS WHEN YOU'RE HURT**

- A. **NURSE** IT
- B. **REHEARSE** IT
- C. **CURSE** IT
- D. **DISPERSE** IT

4. FORGIVE THEM WHETHER THEY **ASK OR NOT**

"...forgive one another, as God has forgiven you through Christ."

EPHESIANS 4:32 | GN

5. DO **GOOD** TO THEM

"Love your enemies. Do good to those who hate you.

Bless those who curse you and pray for those who mistreat you...

and you'll have a great reward."

LUKE 6:27,28,35 | GN

*** AS LONG AS YOU HATE SOMEONE, THEY CONTROL YOU.**

"The things that are impossible with people are possible with God."

LUKE 18:27 | GN

SMALL GROUP QUESTIONS

- 1. Share one thing that stood out to you in this week's sermon. How will you apply that to your life?**

- 2. Have you ever found yourself in an argument or situation that you wanted to have the final say or last word? How hard is it for you to walk away and trust God to work it out (Proverbs 20:22 might help)?**

- 3. What does "nursing a grudge" look like for you? Do you find yourself "nursing a grudge" often? Are you quick at repairing an offence or do you wait for people to come to you?**

- 4. How often do you pray for your "enemies"? Who are "enemies" to you? (might be people who hurt you/family at times/People with different opinions than you?) How can you do better at praying for them?**

- 5. How are you doing? Are you and your family healthy? How can we pray for you this week?**