

Relational Peace – Part 3
Fruit..It Does the Body Good
June 28,2026

Galatians 5:22-26 *But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.*

Three types of peace that we find in the Bible:

1. **Eternal peace**... 'therefore having been justified by faith, we have peace with God through our lord Jesus Christ Romans 5:1
2. **Internal peace**... Let the peace of God rule in your hearts....Colossians 3:15
3. **External (relational) peace**

I am astonished that you are so quickly deserting the one who called you by the grace of Christ and are turning to a different gospel—which is really no gospel at all. Galatians 1:6-7,

Spirit-empowered skillful way to resolve conflict

If it is possible, as far as it depends on you, live at peace with everyone. Romans 12:18

1. It's a personal responsibility... if possible

- Hebrews 12:14 - Pursue peace with all men
- Romans 14:19 - Pursue the things which make for peace and the building up of one another.

2. It's a practical reality...so far as it depends on you

3. It's a planned response... be at peace with everyone.

- Calm down ...*An angry person stirs up conflict and a hot-tempered person commits many sins. Proverbs 29:22*

Fools give full vent to their rage but the wise bring calm in the end. Proverbs 29:11

- Don't gossip about it

A perverse person stirs up conflict and a gossip separates close friends. Proverbs 16:28

- Listen more than you talk

Everyone should be quick to listen and slow to speak... James 1:19

- Humble yourself and own your part

Live in harmony with one another and do not be proud. Romans 12:16

- Decide if the matter warrants discussion

For lack of wood the fire goes out. And where there is no whisperer, contention quiets down. Proverbs 16:20

A person's wisdom yields patience and it is one's glory to overlook an offense Proverbs 19:11

- Make reconciliation your goal

If your brother sins go and show him his fault in private. If he listens to you then you have won your brother. Matthew 18:15

- Select a time and a place that are productive

A man has joy by the answer of his mouth and a word spoken in due season, how good it is. Proverbs 15:23

- Speak with a soft tone

A gentle answer turns away wrath but a harsh word stirs up anger. Proverbs 15:1

- Pray and ask Jesus to help you