THE VIRUS OF NEGATIVE THINKING

Meadowbrook Church April 26, 2020

Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy ... I Peter 1:8

The Bible speaks of Satan as

- Liar (John 6:44)
- Master Deceiver, Imposter (Rev. 12:9)
- Angel of Light (Impersonator, Actor, Masquerader (2 Corinthians 11:14)
- False Accuser (Revelation 12:10)
- Slanderer (Matthew 4:6)
- Seducing Spirits (I Timothy 4:1)
- Tempter (Matthew 4:3)

Satan's perpetual aim is to infiltrate your thoughts with his thoughts and to promote his lie in the face of God's truth.

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:3-5

Three Principles for Beating this spiritual virus in our mind.

1. DON'T BELIEVE EVERYTHING YOU THINK!

The Bible talks about

- troubled mind (2 Kings 6:11)
- depraved mind (I Timothy 6:5)
- sinful mind (Romans 8:7)
- dull mind (2 Corinthians 3:14
- blinded mind (2 Corinthians 4:4)
- corrupt mind (2 Timothy 3:8)
- darkened mind (Ephesians 1:18)

The heard is deceitful above all things, and desperately sick; who can understand it? Jeremiah 17:9

2. GUARD YOUR MIND FROM GARBAGE

A wise person is hungry for knowledge, while the fool feeds on trash. Proverbs 15:14

The first way you guard your heart and mind is "in everything" to pray.

3. KEEP PRAYING

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6