

FACING THE REARS THAT RUIN RELATIONSHIPS, 50 DAYS OF TRANSFORMATION—PART 5

So she [Eve] took some of the fruit and ate it. Then she gave some to her husband, who was with her, and he ate it, too. At that moment their eyes were opened, and they suddenly felt shame at their nakedness. So they sewed fig leaves together to cover themselves. When the cool evening breezes were blowing, the man and his wife heard the Lord God walking about in the garden. So they hid from the Lord God among the trees. Then the Lord God called to the man, "Where are you?" He replied, "I heard you walking in the garden, so I hid. I was afraid because I was naked." "Who told you that you were naked?" the Lord God asked. "Have you eaten from the tree whose fruit I commanded you not to eat?" The man replied, "It was the woman you gave me who gave me the fruit, and I ate it." Then the Lord God asked the woman, "What have you done?" "The serpent deceived me," she replied. "That's why I ate it." Then he said to the woman, "I will sharpen the pain of your pregnancy, and in pain you will give birth. And you will desire to control your husband, but he will rule over you." And to the man he said, "Since you listened to your wife and ate from the tree whose fruit I commanded you not to eat, the ground is cursed because of you. All your life you will struggle to scratch a living from it. It will grow thorns and thistles for you, though you will eat of its grains. By the sweat of your brow will you have food to eat until you return to the ground from which you were made; for you were made from dust, and to dust you will return." Genesis 3:6-19

HOW OUR FEARS RUIN RELATIONSHIPS

1. MY FEAR OF EXPOSURE MAKES ME DISTANT

Then the Lord God called to the man, "Where are you?" He replied, "I heard you walking in the garden, so I hid. I was afraid because I was naked." Genesis 3:9-10

...they suddenly felt shame at their nakedness. vs. 7a

So they sewed fig leaves to cover up themselves. vs. 7b

Then they hid from God among the trees. vs. 8

2. MY FEAR OF DISAPPROVAL MAKES ME DEFENSIVE

God asked, "Did you eat what I told you not to eat?" The man [Adam] replied, "It was the woman you gave me who gave me the fruit, and I ate it." Genesis 3:12

Eve said, "The serpent deceived me, and I ate it." vs. 13

3. MY FEAR OF LOSING CONTROL MAKES ME DEMANDING

The result of their sin: "And you will desire to control your husband, but he will rule over you." vs. 16

THE ANTIDOTE: LEARN TO LIVE IN GOD'S LOVE

There is no fear in love. But perfect love drives out fear... 1 John 4:18

... because fear has to do with punishment. 1 John 4:18

- Every Day Surrender My Heart to God
- Everyday Remember the Way God Loves Me
 - ◆ I'm Completely Accepted
... whoever comes to me I will never drive away. John 6:37
 - ◆ I'm Unconditionally Loved
"Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed," says the LORD, who has compassion on you. Isaiah 54:10
 - ◆ I'm Totally Forgiven
There is now no condemnation for those who are in Christ Jesus! Romans 8:1
 - ◆ I'm Considered Extremely Valuable
You were bought at a price... 1 Corinthians 7:23
- Every Day offer that Same Love to Others
Accept one another just as Christ accepted you. Romans 15:7