

CHANGE YOUR LIFE BY CHANGING YOUR MIND, 50 DAYS OF TRANSFORMATION—PART 3

Do not be conformed to the pattern of this world, but let God transform you into a new person by changing the way you think... Romans 12:2 (NLT)

WHY I MUST MANAGE MY MIND

- BECAUSE MY THOUGHTS CONTROL MY LIFE.

For as he thinks in his heart, so is he. Proverbs 23:7 (NKJV)

Above all else, guard your heart, for everything you do flows from it. Proverbs 4:23

- BECAUSE THE MIND IS THE BATTLEGROUND FOR SIN.

I love God's law with all my heart. But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me. Romans 7:22-23

- BECAUSE IT'S THE KEY TO PEACE AND HAPPINESS

The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. Romans 8:6

THREE DAILY CHOICES FOR A HEALTHY MIND

1. I MUST FEED MY MIND WITH TRUTH.

People need more than bread for their life; they must feed on every Word of God. Matthew 4:4 (NLT)

WHEN? ALL THE TIME

I rise early, before the sun is up, I cry out for help and put my hope in your words. Psalm 119:147

When wicked people hide to ambush and kill me, I quietly keep my mind on your decrees. Psalm 119:95

2. I MUST FREE MY MIND FROM DESTRUCTIVE THOUGHTS

- The first enemy is my old nature.

Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. Romans 8:5

- The second enemy is Satan.

I've forgiven in the sight of Christ for your sake, in order that Satan might not outwit us. For we are not unaware of his schemes. 2 Corinthians 2:11

- The third enemy is the world's system.

For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world. 1 John 2:16

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:3-5

3. I MUST FOCUS MY MIND ON THE RIGHT THINGS

- Think about Jesus.

Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart. Hebrews 12:3

- Think about others.

Don't just think about your own affairs but be interested in others too and what they are doing. Philippians 2:4

And let us consider how we may spur one another on toward love and good deeds. Hebrews 10:24

- Think about eternity.

Let heaven fill your thoughts. Do not think only about things down here on earth. Colossians 3:2

No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love him. 1 Corinthians 2:9 (NLT)