

Toward a Renewed Mind
Winning the Battle in Your Mind
Part 2 in Series

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Romans 12:2

Your life is always moving in the direction of your strongest thoughts.

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.
Philippians 4:8 NLT

... if there is any virtue and if there is anything praiseworthy—meditate on these things. Philippians 4:8 NKJV

Meditation: to engage in mental exercise; to focus one's thoughts.

I meditate on your precepts and consider your ways. Psalm 119:15

... I meditate on all your works and consider what your hands have done. Psalm 143:5

- What stronghold is holding you back?
- What truth demolishes that stronghold?