

STRESS FRACTURES
Letting God Heal Deepest Wounds
R. Childress

Loneliness
2 Timothy 4:6-22

Principles

Wise Practices of a Lonely Person

- **Live Purposefully**
- **Permit Comfort**
- **Admit Your Needs**
- **Refuse To Be Vindictive**
- **Remember God's Word**
- **Keep Reaching Out to Others**
- **Remember You Might be Lonely but Your Never Alone**