

Hebrews: Radiance and Shadows
Lesson #15: His Radiance Helps Us Finish the Race!
Hebrews 12:1-13

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William Johnson & Rick Stedman

- **Have you ever felt like giving up?**

- Hebrews was written to people who also felt that way!
- They were growing weary and losing heart. (3)
- This is natural, because life is not a sprint, it's a marathon.
- Personally, one area of my life I'm now growing weary and losing heart is: _____

- **How to run the race of life:**

1. **Realize who has chosen my specific race.**

- “The race marked out for us.” (1)
- Life is a race that is marked out for me.
- Chosen not by us but for us by God.
- My life has purpose and meaning.

2. **Learn how a successful race is run.**

- Identify your race - God has chosen this for me. (3)
- Endure pre-race training - God is training me. (7-13)
- Warm up with encouragement - God has witnesses around us. (1)
- Strip down - God wants to remove hindrances and sin. (1)
- Run! Don't walk, jog, or trot - God wants my full effort. (1)
- Keep focused - God wants us to focus on Jesus. (2-4)
- Don't give up - God will only enter us in a race He thinks we can successfully finish – with His help! (4-6; Phil 4:13)

3. **Where am I in my current race?**

- God has called me to keep running _____.
- It's time for me to _____.

4. **Where am I in the most important race of all?**

- Phil 3:13-14 - The most important prize is heaven.
- It's time for me to:
 - Ask Jesus Christ to be my Lord and Savior.
 - Rededicate my life to Jesus and start running for Him.
 - Commit to this church - be a part of this team.