

**Principles of Christian Living: Rest
Justice, Righteousness, and Sabbath
Al Gascon | August 6, 2023
Isaiah 56:1-8**

“Ultimately, rest is an act of resistance against the siren calls of our idols to work for them. By stopping, we take up arms against the great Western gods of achievement, money, and self-determination.”

—Adam Mabry

- ⇒ God is serious when it comes to our rest.
- ⇒ Your work in the kingdom of God also depends on you being rested. The biggest blessing for your rest, physical and mental well-being, and spiritual connection to God is all wrapped and packaged into a wonderful gift He created and gave to you, Sabbath.

Isaiah 56:1-2

- ⇒ The Sabbath is a blessing.
- ⇒ *Temptations to do evil are ever present in our daily walk. Yet, in obedience to God’s command and gratitude for his grace, we discipline ourselves against the subtle and obvious temptations to sin. Keeping the ritual of the Sabbath and avoiding the temptation to do evil are inseparable. The Sabbath is frontline protection against sin.*

Isaiah 56:3-8

- ⇒ Why is God so concerned with my rest? Because I’m a minister and messenger of the Gospel of Christ.