

Principles of Christian Living: Rest
The Faith to Rest | Psalm 62
Al Gascon | July 23, 2023

- ⇒ Indeed, the worst hallucination busyness conjures is the conviction that I am God. All depends on me. How will the right things happen at the right time if I am not pushing and pulling and watching and worrying?
- ⇒ Do you have enough faith in the almighty to rest? Do you trust God enough to be at the helm while you pause and relax for a day?
- ⇒ Sabbath rest is centered around faith.

2 Chronicles 36:15-21

- ⇒ During sabbath rest we trust in God and not in our own work.

Mark 6:30-34

- ⇒ In the midst of chaos, resting may be your best option.

Leviticus 25:18-22

- ⇒ During sabbath rest we trust God's goodness to bestow heavenly blessings.

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