

Principles of Christian Living: Rest
Lord of the Sabbath | Matthew 12:1-14
Al Gascon | July 16, 2023

- ⇒ Man-made religion turns Blessings and freedom into burdens and shackles. Traditions are placed higher than scripture, and rather than simplicity of faith in Christ, man muddies the waters in order to find merit in his own do's and don'ts—
- ⇒ The only thing forbidden on Sabbath is “work.”
- ⇒ Jesus never directly commanded his followers to keep the sabbath.
- ⇒ Even though the sabbath was never a command given by Jesus we can discover what role it has in the life of the Christian, and we base this on what Jesus said about the sabbath and did during the sabbath.
 - *Matthew 12:1-4*
- ⇒ Works of necessity are allowed on Sabbath!
 - *Matthew 12:5-6*
- ⇒ Works of piety for the Lord are allowed on Sabbath.
 - *Matthew 12:7-8*
- ⇒ Jesus, the son of man, was Lord of the Sabbath; the Sabbath was not Lord over him.

He can do anything he wants with the sabbath. He can institute it. He can make commands for restrictions, He can require death for violation of it, or he can set it aside totally because he is Lord over the sabbath! – John MacArthur

- ⇒ Works of mercy surely are allowed on Sabbath.
 - *Matthew 12:9-12*
- ⇒ Good will always be allowed on the Sabbath.
 - *Matthew 12:13-14*
 - *Mark 2:27-28*
- ⇒ God designed Sabbath for man, not for himself.