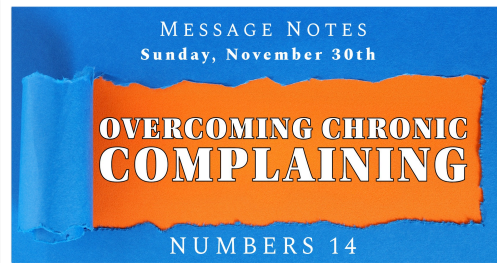


Philippians 2:14 / NASB,
“Do all things without
complaining or
arguments.”



1. _____ the contaminating effects of chronic complaining

Numbers 14:1-11 / CSB, “Then the whole community broke into loud cries, and the people wept that night. 2 All the Israelites complained about Moses and Aaron, and the whole community told them, “If only we had died in the land of Egypt, or if only we had died in this wilderness! 3 Why is the Lord bringing us into this land to die by the sword? Our wives and children will become plunder. Wouldn’t it be better for us to go back to Egypt?” 4 So they said to one another, “Let’s appoint a leader and go back to Egypt.”

lûwn: to grumble, murmur; indignantly

2. _____ my contributions far outweigh my complaints

Numbers 14:5-8 / CSB, “Then Moses and Aaron fell facedown in front of the whole assembly of the Israelite community. 6 Joshua son of Nun and Caleb son of Jephunneh, who were among those who scouted out the land, tore their clothes 7 and said to the entire Israelite community, “The land we passed through and explored is an extremely good land. 8 If the Lord is pleased with us, he will bring us into this land, a land flowing with milk and honey, and give it to us.”

First Peter 4:9 / CSB, “Be hospitable to one another without complaining.”

3. _____ my focus from fear to faith

Numbers 14:10 / ESV, “The Lord said to Moses, “How long will these people despise me? How long will they not trust in me despite all the signs I have performed among them?”

’âman.: to stand firm; to confidently trust God

Psalms 56:3 / CSB, “When I am afraid, I will trust in you.”

