



Get Connected.....15 Minutes

**Opening Discussion Questions:**

1. *Why is purity frowned upon in our society?*
  
  
  
  
  
  
  
  
  
  
2. *What are some words you would associate with purity?*



**Memory Verse | Week 7:**

Matthew 5:8, Jesus said, "Blessed are the pure in heart, for they shall see God."

**Host Tip:** *Stream the lesson after the memory verse is read.*



Start Lesson.....20 Minutes

## Session 7: Blessed Are The Pure In Heart

With Dan Cognetta

***Matthew 5:8, Jesus said, "Blessed are the pure in heart, for they shall see God."***

Jesus spoke this during His famous Sermon on the Mount. So what did He mean by pure in heart?

**Being pure in heart involves having a singleness of heart toward God.**

*A pure heart has no hypocrisy, no guile, no hidden motives. We know from Scripture that our hearts are sick and desperately wicked.*

*Jeremiah 17:9 tells us, "The heart is more deceitful than all else and is desperately sick; Who can understand it?"*

*But, since no one is perfect and free from sin, what are we to do? After all, who could live up to God's standard?*

**God makes our hearts pure – by the sacrifice of His Son and through His sanctifying work in our lives.** When we acknowledge our sin to God and call upon Him, asking for forgiveness and cleansing, believing that Jesus is God and He died to pay for our sins, He sets us free from sin's consequences (spiritual death) and continues to break its control over our lives. We are set apart by the sanctifying work of the Spirit to OBEY Jesus Christ. *1 Peter 1:2 says, "who have been chosen according to the foreknowledge of God the Father, through the sanctifying work of the Spirit, to be obedient to Jesus Christ and sprinkled with his blood:"* The genuinely "pure," then, have been declared innocent because of the work of Jesus being sanctified by His refining fire and pruning.

**The only way we can be truly pure in heart is to give our lives to Jesus and ask Him to do the cleansing work.** *Psalm 5:10 says, "Create in me a pure heart, O God, and renew a steadfast spirit within me."*

*"How can a young person stay on the path of purity? By living according to your word." Psalm 119:9*

**Questions for discussion:**



- 1. What can I do to get a clean heart?*
- 2. When I sin against God, what can I do to restore my fellowship with him?*
- 3. Do you think being honest and transparent with God about our sin is essential?*