



Get Connected.....15 Minutes

Host Tip: Welcome new group members and provide a brief overview of session 4. Review last week's memory verse as well.

Opening Discussion Question:

How would you describe righteousness?

Memory Verse | Week 5:

Mathew 5:6, "Blessed are those who hunger and thirst for righteousness, for they will be filled."

Host Tip: Stream the lesson after the memory verse is read.



Start Lesson.....20 Minutes

Session 5: *Blessed Are The Hungry*

Righteousness simply means to "Maintain A Right Relationship with God."

I. Jacob and Esau.

Genesis 25:29-34, "Once when Jacob was cooking stew, Esau came in from the field, and he was exhausted. 30 And Esau said to Jacob, 'Let me eat some of that red stew, for I am exhausted!' (Therefore his name was called Edom.) 31 Jacob said, 'Sell me your birthright now.' 32 Esau said, 'I am about to die; of what use is a birthright to me?' 33 Jacob said, 'Swear to me now.' So, he swore to him and sold his birthright to Jacob. 34 Then Jacob gave Esau bread and lentil stew, and he ate and drank and rose and went his way. Thus, Esau despised his birthright."



- Esau’s hunger and desire to satisfy his lust of the flesh outweighed his desire for the blessings of God.
- Jacob’s hunger and desire of the lust of the eyes made him focus on Esau’s inheritance, and he wanted it for himself.
- Jesus was tempted in three areas. The Lust of the Eyes when he saw all the Kingdoms of the world. The Lust of the Flesh when he was hungry and the Pride of Life when the Devil tried to tempt him with his pride to throw himself off the Temple.
- We are all tempted in these same three areas in some way or form.
- Hunger for the things the world offers is a temporary satisfaction because it does not last. True happiness is a hunger to maintain a right relationship with God with a focus on eternal blessings.

II. How Do We Hunger to Maintain a Right Relationship with God?

Maintaining a Right Relationship with God means to HUNGER for FELLOWSHIP with God.

- Spend Quality Time with God
- Don’t just read the Bible. Study it.
- Make an Appointment with God.

Maintaining a Right Relationship with God means to HUNGER to PRAISE God.

- Sing praises to God daily.
- Give thanks to God every day for the blessings that you do have.

Maintaining a Right Relationship with God means to HUNGER to LOVE each other.

- EGR stands for Extra Grace Required. In life, we will meet people that we need to apply EGR to the relationship.
- *Galatians 6:9-10 / NIV, “Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. 10 Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.”*
- Paul is telling the Church that they are their brother’s keepers, and they need to:
- Restore each other when they stumble and sin.
- Carry each other’s burdens.
- Not grow weary in doing good especially to those in the family of believers.



Closing Discussion & Prayer.....20 Minutes

Host Tip: *Take time to field prayer requests. You can designate someone to pray prior to the gathering or coordinate group prayer.*

Closing Discussion Questions:

1. How is your fellowship time with God? What can you do to spend more quality time with God?
2. Besides attending a Small Group. How can you make personal time studying the Bible more desirable to maintain a right walk with God?
3. Why do you think it is important to thank God daily for what we have and to be content with what He has provided for us?
4. There's a saying, "No good deed goes unpunished." We all grow weary in doing good for many reasons. Discuss Galatians 6:9-10 with your group. Why is showing God's love to others important to maintaining a right walk with God?
5. Discuss strongholds that may be holding you back from having a hunger and a thirst to desire righteousness. Pray with each other to overcome the obstacles.