

Beatitude Small Group Study
Session 3: Blessed Are The Mourners
With Dan Cognetta



CROSSROADS CHURCH
STATEN ISLAND



Get Connected.....15 Minutes

Opening Discussion Questions:

1. *Does our version of happiness differ from God's?*

2. *What are some emotions associated with grief?*



3. *How would you describe repentance?*

Memory Verse | Week 3:

"If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." First John 1:9 / ESV

Host Tip: *Stream the lesson after the memory verse is read.*



Start Lesson.....20 Minutes

Session 3: Blessed Are Those Who Mourn —

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“Blessed are those who mourn, for they shall be comforted.” (Matthew 5:4)

If we were to summarize the Sermon on the Mount in a single sentence, it would be something like this: How to live a life that is dedicated to and pleasing to God, free from hypocrisy, full of love and grace, full of wisdom and discernment.

+ Jesus calls some people who mourn blessed who appear to be quite the opposite. The term mourn means “to experience deep grief.”

+ Jesus indicates that this mourning is due to grief over sin.

“These are the ones I look on with favor: those who are humble and contrite in spirit, and who tremble at my word.” Isaiah 66:2

Those who learn to mourn over their own sin find the heart of God. Intimate fellowship with God is the very foundation of true happiness.

“For the sorrow that is according to the will of God produces a repentance without regret, leading to salvation, but the sorrow of the world produces death.”

2 Corinthians 7:10

In this world we will mourn the deaths of loved ones, we will mourn over sickness, and various trials and hardships that can cause feelings of overwhelming grief and despair. God knows our griefs and sorrows and promises one day He’s going to completely change all things.

Questions for discussion:



1-What do you think Jesus meant by the word “mourn” in Matt 5:4?

2- What do you think Jesus means when he uses the word Blessed throughout the Beatitudes?

3-How can we develop the mindset God desires for us?